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### Seniors Feeding Program

"I remember I was twelve years of age when my father called me to discuss my marriage," said Amina sadly. "I cried because I was too young to get married," she continued. "I didn't want to, I

didn't understand the meaning of marriage, I was filled with fear but I had no power to refuse. Within the Borana marriage rituals that characterized several stages; what came first was the [Kadda], a meeting of marital agreement often organized by the bride's parents. Soon after the news from her father, Amina witnessed her parents organize such a meeting. It was now

inevitable that a husband would soon be found and a wedding would soon ensue.

Cattle, goats and sheep had been Amina childhood before her life changed. Being part of a nomadic community herding livestock was the norm. Amina was born and raised in the beautiful often dry plain of Kula mawe in Isiolo South. She was the third born among nine children. Her education was limited to the then Borana ideals, no formal education was provided to Borana women at the time. Her and her sisters were left to look after the family and take on household chores. And while she was not doing that she was helping out in their farm as her parents were also small-scale farmers.

But her life was slowing changing it was time to leave behind the livestock and household chores in a place she had called home and take on the role of wife at the tender age of twelve. She went through all the rituals and so did her soon to be husband. Once married they had ten children, three boys and seven girls. But unfortunately, eight of her children died.

They all resided in Isiolo until her husband got a job in Nairobi. They all moved to Nairobi, the city proved difficult for them to acclimate to as they were used to the flow of life in Isiolo. But this fortune was short lived. Her husband encountered thieves who beat him to almost a pulp. He was forced to resign as he could not continue working due to the extent of his injuries.

In 2002, the couple moved back to Isiolo to start their life a fresh. With the little saving they had left they bought a plot and brought up a wooden house that they now called home. As soon as they settled in, her husband's health took the turn for the worst. He was diagnosed with tuberculosis; treatment of this illness was still lacking and Amina's husband passed away shortly after.

"My husband was very active with the children: he paid the school fees, bought food and covered the medical bills when we were sick." said Amina. After her husband's death, life became very difficult for Amina's family. She now took on the role of breadwinner for her remaining children. This was a terrifying time for Amina, she had not taken up any jobs in her life. She had been a housewife and the fear of having no support worried her. She tried sorting help from her siblings but that fell on deaf ears. She got the courage to begin a small mandazi selling business. The business brought in some little income but her family often slept hungry as the income could barely cover their essential needs.

But Amina's resilience was steadfast, she went on to look for work. Landing a role in a small farm. She would make an income in the farm and make mandazi's on her free time to increase her financial resources. Her family had also been growing and as some of her children passed on, they left behind grandchildren that she had to fend for. However, age was catching on, she could no longer run around to support her family.

At this time Mama Ibado charity staff found Amina struggling to feed her grandchildren and herself. Her state of living was dire, she had barely eaten for some days. She was enrolled into the seniors feeding program. Currently mama Amina lives with her two children who are jobless and her small grandchildren. Her playful nature is now showing as she has little worry when it comes to her food. She has been an MIC beneficiary for six years now.





On the 17th of July 1975 Stanley Atito was born at Khwisero Division in then Kakamega District. His parents brought him up alongside 6 siblings, 4 of whom were boys and 2 were girls. They were all of good health. However, Atito and his younger sister had the misfortune of suffering a polio attack. The disease left him and his sibling crippled, his sister further suffering hearing loss.

This caused a strain on the family's finances as Atito and his sister needed special care. The situation got worse after his father suddenly passed away. Leaving them under the care of his mother. She had little to no income at the time, this plunged the family further into poverty. Often lacking basic needs, access to special healthcare services was even harder.

Later on, Atito got admitted to Alupe hospital where he had corrective surgery. This involved him having metal rods inserted in his legs to aid with movement. The surgery was not a success, he faced challenges learning how to walk after the surgery and with rising levels of discomfort after the rods insertion it was deemed necessary to remove the rods. Atito then had to depend on aided movement.

Atito went to school in Kimatuni Joy Home for persons with disability. His stay was from class one to four, after which he transferred to a different school within Khwisero until he completed his primary education. His education stopped at this point when his family was unable to facilitate his entry into secondary school. He was later absorbed into the social services department at Kakamega rehabilitation centre where he was trained in shoe repair.

He began his career as a cobbler at Amalemba Market in Kakamega town. Going about his business he fell in love and married his wife in 2003. They have four children aged 2 to 18 years. He is the main breadwinner supporting his family through his shoe repair business while his wife took on menial jobs around town to supplement the income that Atito brought.

Their income was not sufficient to cater for all their needs. Often times they fell short on housing rent, but luckily a well-wisher stepped in to help out.

In 2018 Atito joined the MIC feeding program where he has benefitted from monthly food rations, which has supported his family immensely. The food not only supports their nutritional needs but has increased their children's participation in school as they now have a meal every day. His prayers are that the feeding program is in existence for a long time and continues to benefit more needy people such as his family.

### Seniors Feeding Program





For the month of August, we lost one beneficiary from our Seniors Feeding Program in Isiolo



77-year-old **Bure Huke** passed away on 13/8/2022. She was a resident of Ola Jarole. She leaves behind 3 grandchildren.

### A life lived with dignity





This month the number of beneficiaries impacted were:

198

Seniors from Kakamega county

594

Seniors from Isiolo county

**Total Impacted Seniors** 

792

Mama Ibado Charity distributed

 $3,762^{Kgs}$ 

food items in Kakamega county

 $9,945.50^{\text{Kgs}}$ 

food items in Isiolo county

Total food distribution was at

13,707.50<sup>Kgs</sup>



02 Education Initiative



The average school attendance is at 734 students similar to the last two previous months. The month of August had students miss out on 12 school days as they paved way for the general elections.

The meals served for this month were significantly lower for a month in the middle of the term.

No hiccups occurred in this month's meals distribution.



#### Education Initiative



The Madrassa feeding program fed an average of 120 students. The attendance was higher in week 2 of August where schools were closed to allow for the general elections to take place.

This allowed for more students to attend Madrassa. But this numbers dropped yet again after schools were in session.





School Feeding Program

This month the number of beneficiaries impacted were:

34
Students from Kakamega

Township Primary school

120
Students from Madrassa

Collectively the students impacted were

854

Mama Ibado Charity distributed approximately

8,074

Meals to students in Kakamega Township Primary School 1,080

Meals to the students in the Madrassa Program.

The two programs collectively accounted the below number of meals to beneficiaries in Kakamega county

9,154



03 Sustainability Program



Our sustainability initiative particularly on crop cultivation is at a slow pace. This is as a result of the drought experienced in Isiolo; that encourages wild animals to leave the nearby parks in search of water.

Several elephants have entered the farm about three times a week, causing crop damage and fence damage.

We are grateful that none of our staff and volunteers were caught up in any human-wildlife injury related incidents that are predominate during this period.

As the month comes to a close, we continue to look for solutions that would reduce the entry of wildlife into the farm and reduce damages on crop production. Similarly, we anticipate a rainy season that will encourage the wild animals to stay in conservancies and parks and allow our farms to recover.

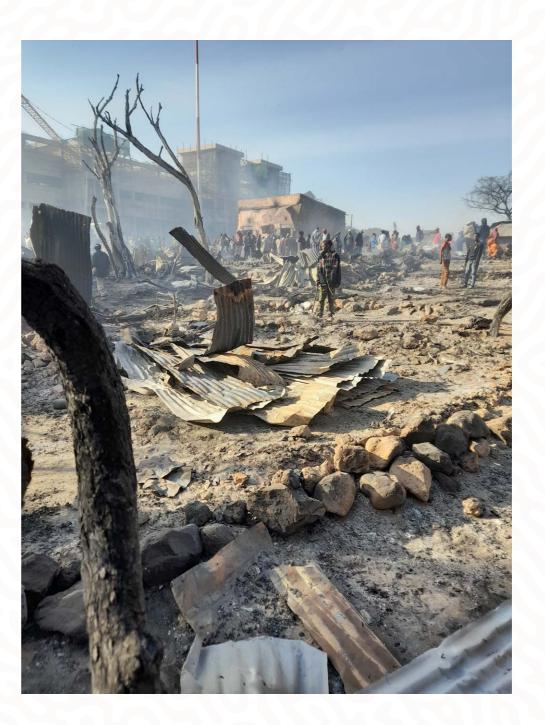




04 Incidents and Highlights



Five of our beneficiaries suffered losses when a fire broke out in a nearby market and spread out to the nearby residential area. They faced the misfortune of losing their houses and all their belongings.



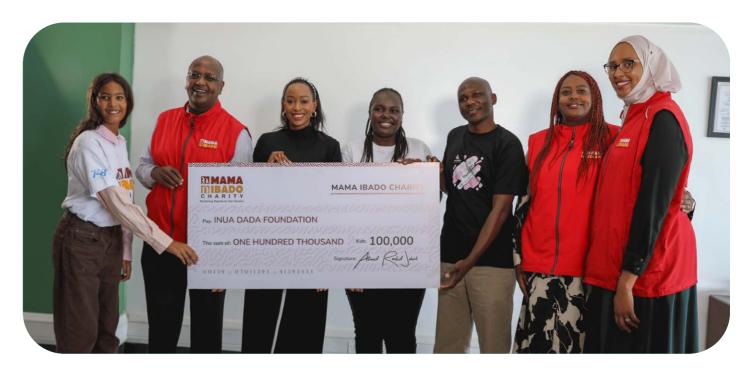


The month of August featured highlights such as the partnership with Inua Dada foundation that is in line with our plans to increase our footprint in reduction of period poverty.

We are grateful to NACC MED PHARMA for providing another medication donation consignment. This will go a long way in impacting the health of our beneficiaries and other members of the community.

Additional donations were received at the Kakamega branch. Among the donations were assorted stationary, story books that would elevate the reading program in Kakamega Township primary school, clothing items and sports gear.

We are also thankful for the peace maintained during the general election that were held in the second week of August. This ensured that our most vulnerable did not face any life deterring disruptions.









## Thank you for your support!

Feel free to approach us on our various platforms

www.mamaibado.org

Call: 0792 487 422 | Email: info@mamaibado.org

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