



Monthly
Activity Report

FEBRUARY | 2023

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01

Seniors
Feeding Program



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Marriage holds strongly as a religious and social necessity in Somali culture. In addition, polygamy that has one man having up to four wives is also a common feature among Somalis. This was the case for Haretha's mother who was a second wife in her homestead. Haretha was her only child. and once her mother and father divorced, she was left under her mother's care. Haretha never received any formal education and her childhood involved a lot of moving around as they were pastoralists and looking for better pasture for their livestock was a significant part of their lives. On one occasion during their migration cycles, she encountered her husband-to-be, her mother arranged for her engagement and soon she was married off.

She lived with her husband for five years but had no children with him. Later on, her husband filed for divorce stating her infertility as the root cause of their union termination. Despite this, Haretha still wanted a family of her own so she got married again. This second marriage was no different, she still struggled to bear children. Her new relationship began having problems and soon after her second husband filed for divorce.

At this point, her hope was quickly running low. She decided on seeking a fresh start that would hopefully change her fortunes. With this decision, she moved to Isiolo town. Having no other family to rely on, she met a kind lady who understood her plight and offered to accommodate her. The lady, her two children and Haretha resided in a one roomed wooden structure. Haretha often felt isolated as a result of her infertility battles, as she is looked down upon by her community.

However, as time went by she found herself as a guardian to the two children in her new home. She raised the two as her own, providing what she could until they got to adulthood. These children took their own paths with the girl marrying off to a faraway town and the son being a drunkard due to joblessness. Haretha's age had caught on and providing for herself was becoming a challenge. Haretha joined the seniors' feeding program in 2013. While joining the program she had already been diagnosed with hypertension due to the stress she had endured. However, she is grateful for the food rations she receives and the house that Mama Ibado Charity provided for her.



In 1952 Josephat was born in Shato village in what is now referred to as the old Kakamega Township. He was part of a family of five and his childhood memories were filled with happiness before his family's strife forced him to live with his mother in Kaimosi. These challenges had him separated from his father, which ultimately had him miss out on his father's presence.

As a child, he supported his mother in doing domestic chores until he joined primary school in Kaimosi. Unfortunately, his education journey ended just as he joined class 3. As a result, he began work as a herds' boy as a way of supporting his mum in domestic expenses that were often lacking like food and soap. When he attained 17 years, he left for Nairobi to sort work as a casual laborer within the construction industry. Luckily, he landed a handyman position at Panafric Hotel in 1972. While in this role he supported the welding department and fully grew his welding skills to a point of generating income for his family. As the year went by, he was able to save enough funds to start his own family.

His young family lived a wonderful life that was full of happiness as it grew to having 5 children rather than six as one child unfortunately passed away in childbirth.

In 2008, Adversity struck and Josephat suffered a stroke that confined him to a hospital bed for 3 months. This event drained his lifetime savings and forced him to dispose of his cattle in order to pay for medical bills. Sadly, despite his best efforts and sacrifices he was forced out of hospital before recovery due to financial constraints, this event changed his family completely, the heavy burden of his care terrified his wife forcing her to return to her paternal home, leaving him at the mercy of his children who worked as casual laborer in the local market and villages. Since then, Josephat has struggled to stay alive and fend for himself and his last-born son who lives with severe disability.

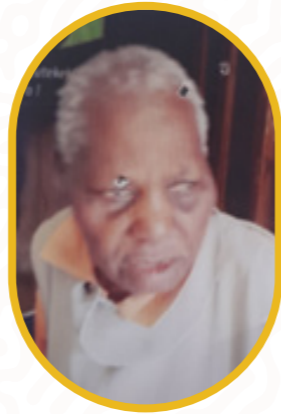
In 2018 soon after the death of his estranged wife, he was referred to the MIC office by the village elder for consideration into the feeding program, and after assessment, he joined the program and has been receiving food which turned out to be a lifeline for him and his son. The feeding intervention has greatly impacted his health and that of his life, giving him enough energy to exercise and move his limbs as he hopes to receive treatment that would reverse the effects of the stroke in his life. He is grateful to Mama Ibado Charity and its supporters as they have contributed to his survival through the feeding program.



For the month of February, we lost four beneficiaries from our Seniors' Feeding Program in Isiolo and Kakamega Counties.



73-year-old **Mtambura Isumairi** passed away on 06/02/2023. He was a resident of Kiwanjani. He leaves behind 1 dependent.



95-year-old **Elizabeth Regeria** passed away on 06/02/2023. She was a resident of Kula Mawe. She leaves behind 2 dependents.



85-year-old **Lucia Kalami** passed away on 14/02/2023. She was a resident of Shirere Village.



85-year-old **Sagal Zainab** passed away on 27/02/2023. She was a resident of Masingo Village.

A life lived with dignity



This month the number of beneficiaries impacted were:

196

Seniors from Kakamega county

590

Seniors from Isiolo county

Total Impacted Seniors

786

Mama Ibado Charity distributed

3,283.0^{Kgs}

food items in Kakamega county

9,892.5^{Kgs}

food items in Isiolo county

Total food distribution was at

13,165.5^{Kgs}



02

Education
Initiative



Kakamega Township Primary School

The average school attendance is at 758 students. This month's school attendance was a total of 24 days, that is 20 weekdays and 4 weekends.

Junior secondary students joined school this month and they were included in the feeding program.

No hiccups or distractions occurred in this month's meals distribution.





Madrassa Feeding Program

The Madrassa feeding program fed an average of 132 students. Attendance went down as most student's resumed school and joined Junior secondary school

No hiccups or distractions occurred in this month's meals distribution.





School and Madrassa Food Distribution Statistics

This month the number of beneficiaries impacted were:

758

Students from Kakamega
Township Primary school

132

Students from Madrassa

Collectively the students impacted were

890

Mama Ibado Charity distributed approximately

15,700

Meals to students in Kakamega
Township Primary School

1,056

Meals to the students in the Madrassa
Program.

The two programs collectively accounted the below
number of meals to beneficiaries in Kakamega county

16,756



03

Sustainability
Program



Sustainability Program

We did land preparation activities at Matabithi farm, whereby one more acre was ploughed to allow for planting once onions leave the nursery.

We harvested some kales and spinach that we shared with our neighbor as the brunt of the dry season is at an all-time high.



04

Incidents & Highlights





Highlights Of The Month

We set in place the structures necessary to onboard some of our seniors in the NHIF scheme. This is set to be a pilot that will set the pace for our healthcare program.



Thank you for your support!

Feel free to approach us on our various platforms

www.mamaibado.org

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