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Seniors Feeding Program

Pastoralism- livestock management in the Borana community is a common practice that often involves the entire family. Its efficient operation is wholly dependent on sufficient division of tasks. This form of livelihood is all Amina remembers from her childhood. And she loved it. Born in 1946 to a pastoralist family. Amina and her siblings found themselves out grazing animals more often than not. And like most Borana women at the time, Amina did not attend school.

Robbed of her childhood by traditional customs. Amina became a young bride. She was married off to an older man at the tender age of 8 years old. She was forced to mature fast

and take on her wifely responsibilities. Barely a teenager then she survived her reality and built her home. Her husband settled them in Garba Tulla. She had six children, two

boys and four girls. She loved her children dearly. And when two of then died, grief shook her to her knees.

But further misfortune was around the corner. Some years went by and the shifter wars started. She remembers the strife and suffering that claimed so many lives. Livelihoods were shattered as livestock were stolen or killed. Amina lost all her livestock to the war. The banditry injured Amina's community. It took them a while to find their footing after the war. But tensions soon cooled off; and Amina and her family moved to Isiolo. They settled in a village called Bula Pesa. She tried to pick up her life and started a small business where she sold groceries. Her husband took on cargo transportation jobs. Isiolo proved to be a little bit more modern than her former home. Having her overcome a lot of challenges both socially and economically.

As she was finally settled and familiarized with the community, her husband passed away. The demise of her husband shook her. Rendering her helpless and ill; with it went all her dreams of running and expanding her business. Her family became poor and destitute yet again. Amina's health took a turn for the worst as she became bedridden for three years suffering from hypertension and diabetes. Isolation and health issues had her fall into depression. Her lack of independence did not help with her recovery as she often worried about her sustenance.

Her children, now grownups left to live their own lives. No one came by to help Amina while her illness tried to claim her. "I have devoted all my life to raise my children but no one was able to help me" she said heart broken. Well-wisher had been her saving grace, as they took her to hospital and she was able to recover. But after being discharged, Amina had to start her life from scratch. Luckily another well-wisher donated a small wooden structured house where she lives with her grandson.

With a dependent and no income Amina had resolved to begging on the street to get some food. But this act left her immobile for some months when a motorbike hit her leaving her leg injured. Mama Ibado Charity onboarded Amina at this point after a referral from neighbors. Amina has been a beneficiary of the seniors' feeding program for the last four years. She is grateful for the food.





Seniors Feeding Program

Abokor Hibo Ahmed, is a resident of Kambi Somalia Village that lies in the outskirts of Kakamega town. The 69-year-old does not remember much about her modest beginnings. Her childhood was simple. In fact, all she remembers from this, is how religious her parents were. She often mentions how this has been the guiding light throughout her life. Her family's finances were very scarce, she therefore never had the fortune of attaining a formal education.

When Abokor came of age, she moved out of her parents' house and tried to gain her independence. She tried her hand at running a business. She began with a small enterprise within Kakamega. The business did well at first, she was able to put a roof over her head, food on the table, clothe herself and grow her business. However, harsh economic times came about and over the years the income from the business grew smaller and smaller. She could barely save her earnings. All the income she got were purely for her immediate needs. Soon after, meeting her basic needs became a challenge.

She tried as much as she could to continue running her shop, but age was catching on. She was frequently tired and could barely stand for long hours. She had developed serious chest problems. This illness cost her a fortune to treat and with no family close by or any immediate relatives to help her out, she couldn't run her business. When the final nail of the coffin hit her business, she became homeless. Out in the cold with no food or income, Abokor's health wasn't getting any better.

Luckily in 2019, a local mosque saw her plight and offered her a room to take shelter in. Now sheltered and still hungry the mosque sorted help in feeding Abokor. The mosque leaders referred her to Mama Ibado Charity. She was able to join the seniors' feeding program where she got her monthly food aid. Things started looking up, a well-wisher tried to support her by gifting her a goat. She reared the goat until it gave birth, however insecurity claimed the kids, leaving her with the mother goat.

For the last two and a half years Mama Ibado Charity has been providing food for Abokor. This has been the main support system as she fights her chest ailments that weaken her by the day. Despite the bleak and uncertain future of having no home or land to live in or a steady income, Abokor is assured of having a meal every day and that; fuels her life.





For the month of June, we lost 3 beneficiaries from our Seniors Feeding Program in both Isiolo and Kakamega



65-year-old **Ahmed Mohamed Jama** who succumbed to hypertension and diabetes on 16/6/2022. He was a resident of Kiwanjani in Isiolo county. He lives behind 2 dependents.



59-year-old **Halima Abdow Bule** who passed away on 21/6/2022. She was a resident of Kambi Odha area in Isiolo. She leaves behind 4 children.



83-year-old **Edris Osimbo**. He was passed away on 7/6/2022. He was a resident of Lutonyi in Kakamega county.

A life lived with dignity





This month the number of beneficiaries impacted were:

Mama Ibado Charity distributed

198

588

Seniors from Kakamega county

Seniors from Isiolo county

Total Impacted Seniors

786

3,366.1 Kgs

food items in Kakamega county

 $11,613^{Kgs}$

food items in Isiolo county

Total food distribution was at

14,979.1 Kgs



02 Education Initiative



School attendance for the month of June was still at 734 students similar to last month.

Kakamega Township Primary school recorded had an average absenteeism rate of 2% that is 14 students out of 734 did not attend classes in the month of June. Reasons for absenteeism were varied from contraction of diseases such as the common cold and other personal family matters.

Lunch provision was seamless with all classes getting food in time without any incidences.





Education Initiative

The Madrassa feeding program fed an average of 115 students for 2 days of the week. The number of students served has reduced compared to the month of May.

Reduction in numbers is still attributed to students who attend school over the weekend that is grade 6, class 7 and class 8 students.





School Feeding Program

This month the number of beneficiaries impacted were:

34
Students from Kakamega

Township Primary school

 $\frac{1}{1} \frac{1}{5}$ Students from Madrassa

Collectively the students impacted were

849

Mama Ibado Charity distributed approximately

14,700

Meals to students in Kakamega Township Primary School 920

Meals to the students in the Madrassa Program.

The two programs collectively accounted the below number of meals to beneficiaries in Kakamega county

15,620



03 Sustainability Program



For this month, our agricultural staff and volunteers put their best foot forward to reap produce from the farm. The trial garden had tremendous output in the month of June.

We have harvested coriander, capsicum, tomatoes and kales. The total output is at 154.5kgs. We are looking forward to more produce from the farm. That is about three more rounds of tomatoes and four rounds of capsicum and kales.











Our bursary program beneficiaries are performing exceptionally well in school. Mama Ibado Charity supports wholistic learning and one of our beneficiaries is an embodiment of this. Mohamed Ashtone did us proud by emerging top in Kakamega county's recently concluded term one athletics. He was a champion of the 100metres sprint race.





Thank you for your support!

Feel free to approach us on our various platforms

www.mamaibado.org

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