



*Restoring Dignity To Our Seniors*

# **MAMA IBADO MONTHLY ACTIVITY REPORT**

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**AUGUST 2021**

# SWIM FOR SENIORS

As part of celebrations of Mama Ibado Charity's (MIC) 10-year anniversary, our directors, ambassadors, volunteers and friends who believe in our cause have commenced on various fundraising activities to support the seniors.

This month, two of our valued Directors, Geraldine Sinclair-Klack and Christine Sinclair utilized their swimming prowess in order to raise \$1000 for the Seniors feeding programme. The two Directors committed to swim a total of 20,000 meters between them.

At the end of the campaign, a total amount of \$1905 was raised surpassing the intended target.

MIC is incredibly proud and honored to have directors who are passionate and committed to ensure our seniors age in a healthy and dignified manner.



**Swim4Seniors**  
Two Swimmers  
One Month - 20,000m  
Raise \$1,250

Help us reach our goal as we support the seniors.

**DONATE**  
[www.micharityp2p.com/mamaibado](http://www.micharityp2p.com/mamaibado)

**M-PESA**  
MPESA DONATION CAN BE DONE THROUGH  
PAYBILL: 897363  
ACCOUNT NUMBER: Mama Ibado  
Charitable Foundation

#TeamGer - 2520m  
#TeamChris - 3300m

#SWIM4SENIORS

**10<sup>th</sup> Anniversary**  
**MAMA IBADO CHARITY**

# MIC DONATES ANNUAL SUPPLY OF SANITARY TOWELS TO A GIRLS' RESCUE CENTER IN KWALE COUNTY

Mama Ibado Charity (MIC) extended its sanitary pads and pants donation drive to the Coastal county of Kwale in a bid to reach out to more needy girls and redeem their dignity.

MIC donated an annual supply of sanitary towels to girls at Alwalidayn Girls Rescue Center. The rescue center houses 150 infant to teen girls who are orphaned, abused, trafficked and forced into early marriages.

“MIC is proud to be involved with this cause of ending period poverty in Kenya. Our collaboration with Alwalydayn will ensure the girls receive an annual supply of sanitary towels,” said MIC Vice President, Mariam Ahmed.





Currently, the rescue center has 45 girls who are menstruating with each requiring a minimum of two and a maximum of five packets of pads a month. According to the CEO of the center, this number is expected to rise.

“Aside from the basic needs that are adequately provided for and all the children’s rights are met, the provision of sanitary towels is an expensive affair. Thus, the collaboration with Mama Ibado Charity will relieve the load and worry of catering for the sanitary towels and whatever provision of the budget that was set aside for it could be used to cater for other expenses such as academic materials, clothing among other basic items,” said Center CEO, Ms.Fatma Bakhtir.

Alwalidayn offers girls all basic needs and equips them with academic and economic knowledge to help them navigate through life once they exit the center.

This worthwhile initiative of keeping the girl child in school was also supported by fly 748 who donated plane tickets to the Mama Ibado Charity team.







***Before & After - House Belonging to Hussein Ahmed C/027***

## **A ROOF OVER MY HEAD - HOUSING PROJECT**

Mama Ibado Charity (MIC) commenced the housing programme dubbed "A roof over my head" with the intention of providing better housing for 100 of our seniors. This project was suspended in 2020 due to Covid 19 with only 63 houses constructed.

The housing project resumed in July, and by end of August 2021, 5 houses with washrooms were constructed bringing the total to 68.

The beneficiaries for the houses constructed in August are Khadija Ismael -C/096, Halima Dima -K/282 and Hussein Ahmed -C/027. MIC plans to complete the housing project by December 2021.

Cornered, strangled and threatened with death, a 12-year-old Asha Mwalimu seemed defenseless against her wrathful father. He tried subjecting her to the despicable act of child marriage without giving her a chance to argue her case. She envisioned a future of being an educated and successful woman. She had just completed her primary education and had an innate desire to carry on with secondary school. But in her father's irritatingly traditional and shallow view, marriage was a pressing priority.

Boldly enough, Asha outmaneuvered her father's murderous grasp and liberated herself from his vicious tyranny. She ran away and hopped onto a cattle truck bound for Somaliland. With her wit, she was well equipped to endure and put up with the inconveniences of the rough journey. Landing at Hargeisa, Asha judiciously walked to the nearest police post where she gave a summary of the sequence of events that got her there. The officers allowed her to stay with them. Asha strove to ingratiate herself by cooking for them.

After a couple of months, she began a desperate process of job hunting. Luckily, for her, the Doctors Without Borders, a non-governmental organization had been working in Somalia and hiring for various positions. Asha was recruited and trained as a hospital aide. During her placement in the small southern town of Luq, she fell in love with a local man and charmed him to marry her. Their marriage seemed like a fairy tale until his insecurity got in the way. He felt his masculinity was at stake and ordered her to quit her job. That was the final conversation they had before their divorce.

In the early 1990s, Asha escaped the violence and hysteria that accompanied the civil war. She ran back to Kenya, lost her job and trekked through the various northern towns before finally reaching Isiolo. Except for her sister who was living in agonizing poverty and her mother who was blinded by age, Asha found all her family members rotting under the red sands of the graveyard. All the chronic anxiety and depression she harbored within her exploded at once leading to uncontrollable sobbing, self-loathing and mumblings with herself.





At the age of three, William Zainab Beatrice's life seemed dreary and forsaken, as she was alone in a reserve with both her parents dead. However, the watch of destiny wound in her favor as a woman in search of a child adopted her and raised her as her own. With time, as the woman was blessed with children of her own, Zainab took the role of a first-born child and cared for her younger siblings in a cheery manner.

Tragedy struck as Zainab's adopted mother passed away. With the rest of the children grown up and capable of leading their own paths, Zainab got married. However, after the birth of two daughters, her husband succumbed to the same fate as her adopted mother. The need to ensure her children's survival jolted her forward as she started stumbling up and down various hilltops in search of water, which she collected and sold at five shillings per can.

Zainab managed to sell ten cans each day earning Ksh. 500 refraining from wasting her hard-earned money, Zainab joined a "chama" or a micro-saving group ensuring the comfortable survival of her children.

Her two daughters got married immediately they came of age but the darkness of divorce settled in both their marriages forcing them and their children to return to Zainab's house. As Zainab carried on with her water trade, she developed breathing problems and severe chest pains. She quit the trade and diverged into a different hustle of selling second hand clothes. However, she soon quit this business due to incurring frequent losses.

As she and her family relied on the money from her microsavings group, Zainab was confronted with the emptiness of an idle life. One afternoon as she relaxed in her compound, Zainab observed her neighbor mixing various components, which ended up turning into liquid soap. Zainab beheld a new but complex means to earn money. Despite her age, she decided to learn from her neighbor who kindly taught her the entire process.

Zainab advanced to expertise and with life still pulsating in her body; she started manufacturing and selling liquid soap. However, as her movement inevitably slowed down, Zainab decided to sell her soap from the comfort of her house. The 66-year-old's incredible efforts created a pathway to university for one of her grandchildren who is currently pursuing a Bachelor of Science in Nursing.





# BENEFICIARY MORTALITY

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## ISIOLO



**83-year-old Mama Morme Tadicha (K/030) lived in Kiwanjani with four dependents. Mama Morme succumbed to age and health complications on 2nd August 2021.**



Mama Amina Boru (C/088) was 91 year old and lived in Bula Pesa with six Dependents. Mama Amina succumbed to age and health complications on 2nd August 2021.



91-year-old Monica Asakweli (K/264) lived in Kula Mawe with four dependents. Mama Monica succumbed to age and health complications on 10th August 2021.



Hawo Shire (K/019) was a resident in Bula Pesa with four Dependents. Mama Amina succumbed to age and health complications on 11th August 2021

# **BENEFICIARY MORTALITY**

Unfortunately, in August 2021, we lost thirteen of our beneficiaries from Isiolo and Kakamega Counties. This brings our total mortality since inception to 202 from both counties

## **ISIOLO**



83 year -old Halima Omar Abdi (K/143) lived in Kambi Odha with three dependents. Mama Halima succumbed to age and health complications on 17th August 2021.



Mzee Gabow Robow Issack (K/296) was 73 years old and lived in Taqwa with four dependents. Mzee Gabow succumbed to age and health complications on 21st August 2021.



Mama Halima Abdi (K/151) was 86 years old and lived in Kambi Garba with three dependents. Mama Halima succumbed to age and health complications on 26th August 2021.



Mzee Marike Wako (K/253) was 79 years-old and lived in Jangwani with four dependents. Mzee Mariko succumbed to age and Covid-19 on 26th August 2021.

# BENEFICIARY MORTALITY

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## ISIOLO



105-year-old Habiba Danko (C/098) lived in Ola Jarole with two dependents. Mama Habiba succumbed to age and health complications on 29th August 2021.



Mzee Patrick Nduga (K/218) was 78 years-old and lived in Kiwanjani with three dependents. Mzee Patrick succumbed to Covid-19 on 29th August 2021



76-year-old Salim Ali Mzee (C/143) lived in Bula Pesa with six dependents. Mzee Salim succumbed to Covid-19 on 30th August 2021.



# BENEFICIARY MORTALITY

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## KAKAMEGA



Mama Bwoter Benta Manyaza (CK-086) was 85 years-old and lived in Roosterman with three dependents. Mama Bwoter succumbed to age and health complications on 3rd August 2021.



69-year-old Karisa Zuhura Katana (KK-185) lived in Lutonyi with six dependents. Mama Zuhura succumbed to age and health complications on 23rd August 2021.

**May their souls rest in peace!**



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