



TABLE OF CONTENT

Executive Summary

Goals and Objectives

Interventions Headway

Seniors Feeding Program

Seniors Healthcare Program

Education Initiative

Sustainability

Plan of Action

Highlights and Challenges

Challenges

Highlights

Executive Summary

Welcome to 2022's Third Quarterly Report.

The third quarter was full activity in all our areas of intervention. We achieved objectives set within the quarter and made further progress on goals from the previous quarter. This report gives insight on our programs' impact for the period of July to September 2022.

In the seniors' feeding program, an average of 792 seniors were provided with food rations. Within the same period, we lost 7 seniors to old age illnesses and other complications and onboarded 13 seniors into the program. We managed to supply a total of 40,706.97 kgs of food to seniors in both Isiolo and Kakamega counties.

For our education initiative featuring both the school feeding program at Kakamega Township Primary school and the madrasa feeding programs at Taqwa mosque; we fed an average of 863 learners monthly. This translated to distribution of 36,972 meals. Registering an 8.9% increase of meals supply from the last quarter.

Within our sustainability initiative and community development projects we hit some milestones and incurred some challenges. By the end of the quarter, we transplanted onions to the open-field from the nursery. We had activities in two community engagement development projects. We commissioned the community watering point in Esmiit village that had been constructed in the previous quarter and installed a water line from our farm in Matabithi-to-Matabithi Primary School.

For this quarter we had our fair share of setbacks. By the end of the first week in July, we incurred an elephant invasion, as a result of the prolonged drought, that saw us lose 80% of our crops. Other challenges were still within food sourcing activities as the cost of food and fuel hit new highs as we headed to the polls and after the election period. This affected our procurement effects for the seniors feeding, school feeding and madrasa feeding program.

On the other hand, our highlights were on all avenues of our interventions. We had our annual volunteer's visit where volunteers took part in program activities and the delegation got to review our programs' efficiency based on our vision, mission and objectives. This resulted in a way forward for the charity come the next 10 years. In addition to this, we did three donation drives in three schools, two in Isiolo and one in Kakamega.



Goals & Objectives

Goals

Our aim is to promote efficiency in all interventions.

- To seamlessly run the seniors feeding program.
- To adequately restore seniors' dignity through more interventions such as healthcare.
- To improve the efficiency of education initiatives operations.
- To advance our sustainability initiative in farming activities and community projects.
- To increase our advocacy efforts in social media platforms.

Objectives

For this quarter our actions to achieve the set goals were:

- Increase assessment and analyze data from seniors' welfare check-ins.
- Begin decentralization of beneficiary assessments by the end of the quarter.
- Engage the national healthcare insurance carrier to find a solution for seniors' healthcare needs.
- Support of next of kin for two months in case of death of a senior.
- Engage teachers, parents and guardians to gain feedback on the education initiative feeding programs.
- Resume crop production activities by the end of the quarter.
- Carry out a community development project by the end of the quarter.
- Reorganizing and reviewing all our programs to better serve our beneficiaries by the end of July.

Inventions Headway



Seniors Feeding Program

This quarter's tasks for the seniors feeding program and its related activities were to increase seniors' welfare check-ins and began the decentralization process.

1. Begin decentralization of beneficiary assessments by the end of the quarter.

We work with community members to help check in on our senior's welfare. These community members are termed as cluster heads. And as their name suggests they manage a cluster of seniors in a particular area. Mostly these cluster heads are also residents of the areas where they serve seniors and are almost or within the age range of the seniors they look after.

As the quarter came to a close, we had clustered our seniors into manageable groups within their areas of residence and we were in the process of appointing cluster heads who would do daily check-ins to seniors.

2. Increase assessment and analyze data from seniors' welfare check-ins

As the decentralization continued, we did home visits for about 10 seniors a month in both areas of operation.

From these check-ins, we evaluated our program impact on:

a. *Longevity of food rations in seniors' households.*

The food rations lasted an entire month for a senior that lived alone, while for seniors with grandchildren the consumption rate changed. An increase in consumption was also witnessed in households with a lot of grandchildren and other adult occupants. The table below shows different households' consumption rate.

Household size	Description	Longevity of food ration
1 Senior	Lives alone	One month
1 Senior plus one grandchild	Grandchild age (1-15 years)	Almost one month
1 Senior plus two grandchildren	Age bracket 3-10 years	Three weeks
A household with a senior and other member exceeding 5 persons	Adult occupants and children	Two weeks



Seniors Healthcare Program

For this intervention, our service to seniors had hit a wall with the onset of the pandemic. We could no longer carry out large medical camps for our seniors. We therefore set to find a different solution for our seniors

3. Engage the national healthcare insurance carrier to find a solution for seniors' healthcare needs.

a. NHIF rationale and fit for our seniors

In July, we realigned our action areas within our interventions in order to elaborate the benefits of using Insurance for our seniors' healthcare needs. We engaged National Hospital Insurance fund in our volunteer's strategy meeting. The officers from NHIF gave insight on what the insurance cover entails, accessibility within our areas of operation and coverage spectrum with relation to older persons. This information further grew the arguments for onboarding seniors in the insurance fund.



Beneficiary Mortality

4. Support of next of kin for two months in case of death of a senior.

This quarter we lost seven beneficiaries in both Isiolo and Kakamega counties



77-year-old Fatuma Adan Hussein who succumbed to blood infection on 9/7/2022. She was a resident of Bula Pesa in Isiolo county. She leaves behind 1 dependent.



68-year-old Ali Mohamed Ali who passed away on 25/7/2022. He was a resident of Majengo in Kakamega County



77-year-old Bure Huke passed away on 13/8/2022. She was a resident of Ola Jarole. She leaves behind 3 grandchildren.



84-year-old Habiba Abdi passed away on 10/9/2022. She was a resident of Tula Roba. She leaves behind 2 grandchildren.



69-year-old Ebongori Ekiru Karema passed away on 19/9/2022. He was a resident of Shambani. He leaves behind 4 grandchildren.



84-year-old Samuel Ndoruko passed away on 20/9/2022. He was a resident of Jangwani. He leaves behind 2 grandchildren.



94-year-old Zainab Ndalo Shiteswa Kiana passed away on 4/9/2022. She was a resident of Majengo.

*We supported the next of kin of the
deceased for two months, however for this
quarter three of the seniors who passed
away did not have next of kin.*

A life lived with Dignity

Education Initiative

For the education initiative which holds the school feeding, sanitary towels program, bursary program and madrasa feeding programs; we sort to have efficient operations and impact more students. To do so we reached out to teachers and guardians for beneficiaries within the two programs. Our milestones were:



5. Engage teachers, parents and guardians to gain feedback on the education initiative feeding programs

School feeding programs and madrassa feeding programs efficiency is dependent on frequent feedback sessions. We constantly engage with students, teachers, parents, guardians and school staff to get feedback on the feeding programs and their effect on students' population and development. For this quarter an in-depth feedback session was done between Kakamega Township Primary school heads and MIC volunteers and staff during the volunteers' visit in July. Our team at Kakamega also held feedback sessions with Madrassa teachers at Taqwa mosque. Based on these interactions we registered the following:

a. Increased literacy levels.

In the Madrassa, literacy levels have increased proving a positive change as a result of the program. The feeding program has encouraged more and more students to enrol for the program. At the beginning of the quarter an average of 120 students would attend Madrassa by the end of the quarter the average was at 135 students.

b. Increase of feeding programs in Kakamega county

Schools and other mosques with madrassa have implemented feeding programs to encourage attendance. For some institutions, the feeding programs are subsidized where the parent or guardian pays a fee of approximately Kes 30 (USD 0.25, CAD 0.34) or less to have a supplier provide food in schools. Madrassa programs on the other hand, have adopted a practice of provision of meals to students in a bid to increase attendance in their mosques. All in all, the seeking of education in all its forms is at an all time high in Kakamega. With the feeding programs at the core of this success.



Sustainability Initiative

6. Resume crop production activities by the end of the quarter.

For agricultural activities within this quarter, we were focused on continuance of crop production. The aim was to pilot new crop production that would help us better plan for future farming. Crops under production were:

a. *Tomatoes*

We had already harvested a couple of rounds of tomatoes from the farm we had about one or two harvests remaining. This production was on a small portion covering just above $\frac{1}{4}$ of an acre. Isiolo branch office sampled this produce and sold the rest for reinvestment into other pilot activities.



b. Capsicum/bell peppers

At the beginning of the quarter, we already harvested two rounds of capsicum. We were looking to harvest three more rounds from the trees but this was cut short by the elephant invasion.

c. Onions

At the beginning of the quarter, we transplanted the surviving onions from the nursery to the open field. 25% of onion seedlings had survived and this covered an area of $\frac{1}{4}$ of an acre.

d. Greens (Kales and Spinach)

We sold what was left after the invasion and planted some more spinach.

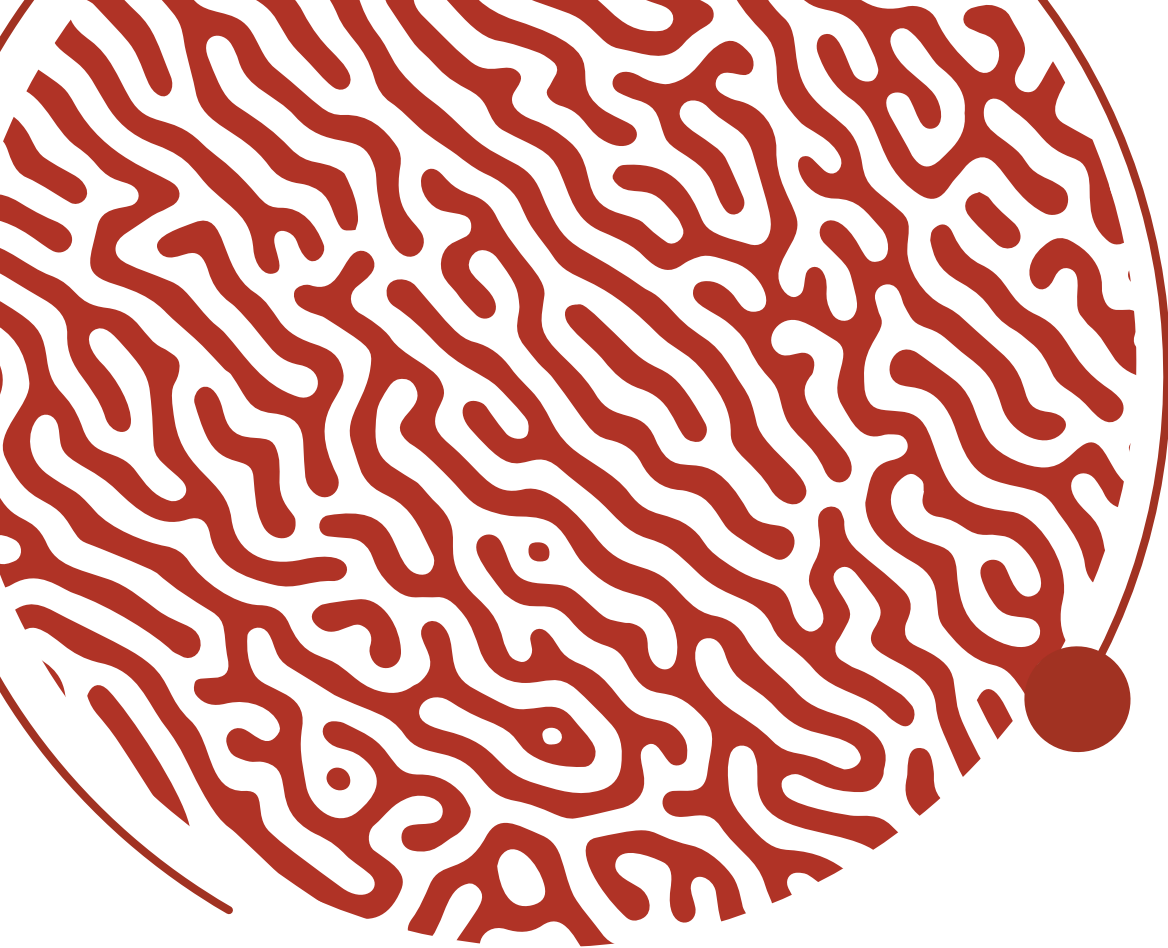
7. Carry out a community development project by the end of the quarter

a. Community watering point

The community watering point was concluded in the previous quarter; however, we commissioned its use at the end of July. For the rest of the quarter, we followed up on the community members to see if the watering point created gave the intended benefit. We found that 100% of our beneficiaries from the seniors' feeding program, who resided near the community watering tank; within a one-kilometre radius from the water tank would source water from the community watering point. Aside from our beneficiaries, other residents in the area still within the one-kilometre radius and a little bit more would opt to get water from this water tank especially since this is guaranteed fresh water and the only resource as this year's drought season had been prolonged in so doing all all-seasonal rivers have long dried up.

b. Matabithi Primary schooling watering line.

We installed a water line from our Ibado-farm Matabithi to Matabithi Primary school. The school's headmaster had been concerned that sanitation and hygiene practices were decreasing among the students due to scarcity of water. This would place the school at a high risk of contracting diseases. We installed a water line to one of the school's tanks. With a refilling schedule of twice a month this will help the school access 20,000 litres of water every month when schools are in session.



Plan of Action

8. Reorganizing and reviewing all our programs to better serve our beneficiaries.

This quarter featured our annual volunteers' visit. Volunteers from Canada and within the country paid a visit to our branches. The visit began in Kakamega that included a school feeding program participation, school prize giving, feedback session with school faculty, seniors' house visits for food distribution and a sanitary towels donation event.

In Isiolo, we concluded the housing project with a closing ceremony after having the volunteers visit a couple of houses that were constructed. We visited our farms that are part of our sustainability program.

To conclude the visit, we had a meeting that set the pace for programs execution. We condensed our efforts to captured as below:

- Seniors feeding program
- Seniors Healthcare program
- School feeding program
- Sanitary pads program
- Sustainability program

Challenges

While we had success in achieving most of our objectives this quarter, we faced a couple of challenges.

1. High inflation

The cost of food continued to rise as we headed to the polls in August. This affected our seniors feeding and school feeding programs. This also increased the frequency of seniors who came to our offices seeking assistance in sourcing for medication.

2. Elephant invasion

We incurred yet another challenge in our sustainability program as elephants invaded our farm in July. This was attributed to the long drought that affected arid and semi- arid areas in Kenya among them Isiolo and Meru counties. The elephants destroyed 80% of our crops. Aside from crop damage, we incurred damages to our perimeter fence increasing the risk of not only crop damage by more elephants but also theft cases.

3rd Quarter highlights

Our highlights this quarter were:

a. Volunteers' visit

Volunteers from Canada and Nairobi visited both Kakamega and Isiolo counties. They took part in all program activities in both counties.

b. Partnership with Inua Dada Foundation

We signed a partnership agreement with Inua Dada Foundation where we donated Kes 100,000 (USD 837.19, CAD 1,070) that will help in supplying pads to 200 vulnerable girls.

c. Donation drives

We donated school supplies to Isiolo School of deaf, Kakamega Township Primary School and Pepo la Tumaini.

We also donated 10 boxes of medication to Al Falah medical centre.

d. Crop production

After attacks by elephants, we restarted our farming activities by transplanting what remained of the onions in the Nursery.



Contacts

TORONTO

255 Duncan Mill Road, Suite 308

Toronto, ON M3B 3H9

Tel: +1-416-447-9334

info@mamaibado.org

NAIROBI

Mirage Tower 2, 11th Floor

Waiyaki Way, Off Chiromo Road

P.O. Box 14074-00800

Nairobi Kenya

Tel: +254-706-566-960

info@mamaibado.org

KAKAMEGA

Airstrip, Amalemba Road,

Kakamega, Kenya

Tel: +254-700-585-056

info@mamaibado.org

ISIOLO

Ibada Plaza, Ground Floor

P.O Box 241-60300, Isiolo Kenya

Tel: +254-707-732-254

info@mamaibado.org

Thank you for your support!

Feel free to approach us on our various platforms

www.mamaibado.org

Call: 0792 487 422 | Email: info@mamaibado.org



@mamaibado