



Monthly
Activity Report

AUGUST | 2023

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Highlights Of The Month

- The physical health of the students will improve as a result of their increase engagement
- There was a rise in the number of students who attended the Madrassa after the sports uniform donation, infusing sports in the regular Madrassa activities increased the number of students who now attend.
- Some elders who came for the medical checkup clinic who are not under NHIF cover and didn't have money to buy the prescribed medicine. If possible, we want to have some medicine at the office such as painkillers and antibiotics or NHIF beneficiaries to be added.
- One of our NHIF bedridden beneficiary Hadija Hango who is bedridden for so long needs physiotherapy in order to get out of bed, her medication is a bit expensive and cannot be covered under NHIF.
- Beneficiaries were sensitized on the planned Inua Jammi registration that would take place in the month of September, Further the Kakamega program Coordinator had a meeting with the social services officials to understand the requirements for registration and route plan for the registration of beneficiaries across the different sub-locations.



01

Seniors
Feeding Program



Ramadhan Yakub Shaffi, in 1957 was born in a modest family within the Majengo settlement of Kakamega town, He was the 2nd born in a family of four kids, 2 boys and 2 girls. His father died, while he was still young and the burden of bringing up the family became the sole duty of their mother. As a child being raised in an informal settlement, without most social amenities, Ramadhan's childhood was one of extreme deprivation, which affected his growth and development, however through these experiences, he developed his love for sports. with the demise of his father their family's economic base began to plummet and the income raised by her Mum's roadside food stall could not meet the family's needs.

He was a student at Kakamega township primary where he undertook his elementary education, however, his academic journey ended when he was in class four due biting poverty and the inability of his mum to pay the required fees for all the children, consequently, he and his younger sisters had to drop out of school to allow their elder brother to complete his education. Despite dropping out of formal school, Ramadhan continued with religious classes at the Taqwa Mosque in Majengo. Being out of school, he deepened his love for sports and became a player for the Muslim Football club which comprised boys from the Mosque and neighboring villages, He said the time he spent at the mosque and football club enabled him to maintain good health and spiritual and social relations. At the age of 18, he was lucky to be employed as a casual worker at the survey of Kenya, where he served in different stations in Bungoma and Lamu, this job gave him a mild reprieve, and as such he began his family, he is blessed with 7 children 5 daughters and 2 sons, 2 of whom have cleared their secondary education while one is a secondary school student in form three.

Despite, bearing good physical health, Ramadhan Was silently battling Asthma, which continued to progress in severity, until he could no longer perform his daily tasks as a casual laborer and that necessitated that he vacates the job he had. With mounting financial demands for the family's needs, his health care, and education fees for his children, Ramadhan had a huge task in his hands but with no resources. This forced him to delay the enrollment of his children in Secondary school, survive on over-the-counter drugs to suppress Asthmatic bouts and t reach out to well-wishers for sustenance.

In 2019, he was recruited into the Mama Ibadi Seniors feeding program and has been receiving monthly food rations that account for at least 75 % of all the food consumed in his household, before enrollment into the program his family would miss food 2 days in a week, but thanks to the program, the family is assured of at least one meal a day, and financial pressure has been reduced whereby they only buy the perishable food items and other vegetables to complement the available food items. He remains grateful to Mama Ibado for extending a helping hand to his family and giving him the energy to cater to his family



Mzee Huka was born in 1946 in Merti town, Isiolo North to a nomadic pastoralist family of eleven siblings; Roba being the sixth born. During his childhood he used to be a herder, looking after other people's livestock for a small fee paid in terms of livestock heads yearly.

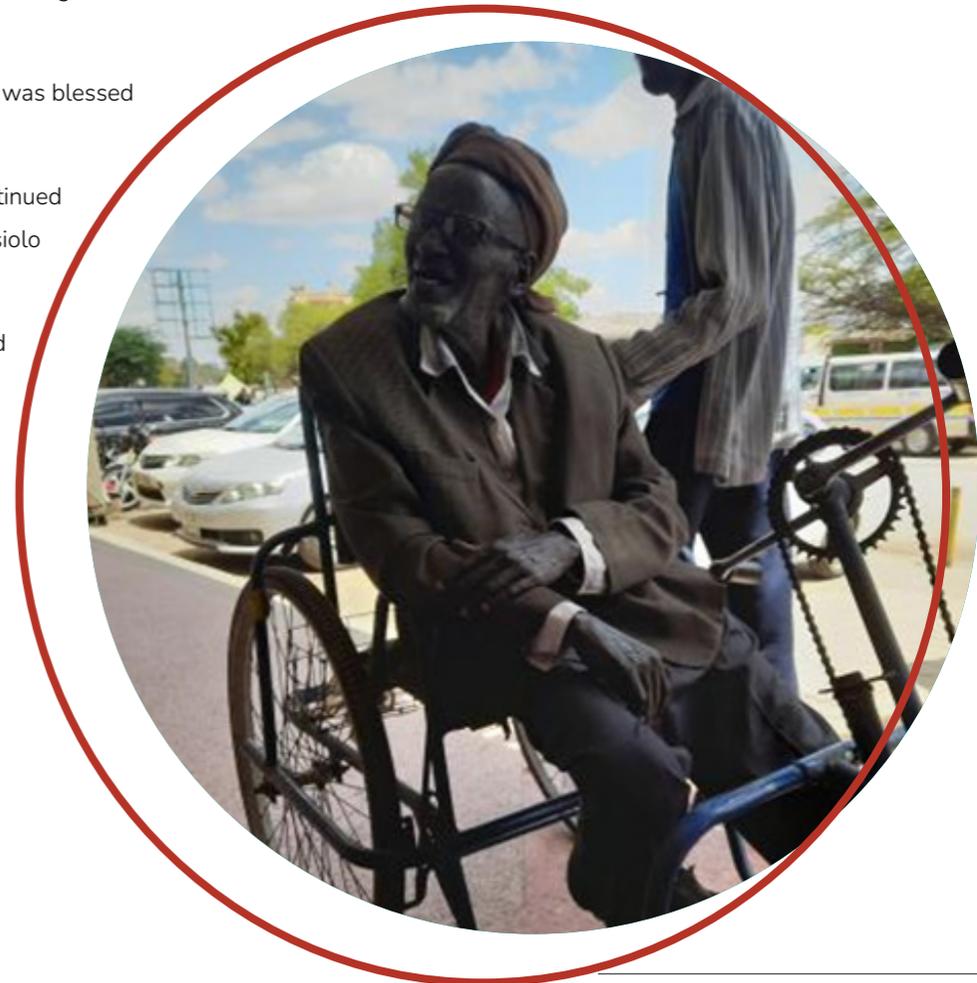
His mother passed away when he was 17 years old and Huka decided to try his luck in life in Isiolo town, on his way he was involved in a grisly accident but luckily, he survived with minor injuries. Life was not as easy as he thought, struggling became part of his life as he was living with his relatives who used to hate and treat him like a stranger.

In 1980, he decided to get married though he didn't have anything believing that one day his dream would be fulfilled. He was blessed with five children three boys and two girls. The three boys would later pass away.

Roba's wife used to go around in the village doing household chores to cater to her family's needs, while her husband continued to work as a herder looking after other people's livestock because he lacked other skills required around urban centers like Isiolo Town.

Roba became sick and one of his legs was paralyzed. He suffered a lot and became bedridden for so long which later led to total disability. When he was no longer able to work as a breadwinner to support his family, his wife started begging in the street of Isiolo to raise their children. Things continued to be tough on them and their surviving two girls didn't get the opportunity to go to secondary school due to lack of school fees and they were married off early to start their own family.

Old age also caught up with Mzee Roba and his wife who currently live together in a rental house paid for by well-wishers. When his plight was highlighted to Mama Ibado, he was assessed and verified as a highly vulnerable elderly was recruited to the seniors feeding program in 2021. Since then, the pressure of looking for daily sustenance reduced, and his wife now focuses more on taking care of her husband and seeking other support from relatives





For the month of August, we recorded zero mortality in both Isiolo and Kakamega Counties.



This month the number of beneficiaries impacted were:

198

Seniors from Kakamega county

593

Seniors from Isiolo county

Total Impacted Seniors

791

Mama Ibado Charity distributed

3,395.70^{Kgs}

food items in Kakamega county

10,169.95^{Kgs}

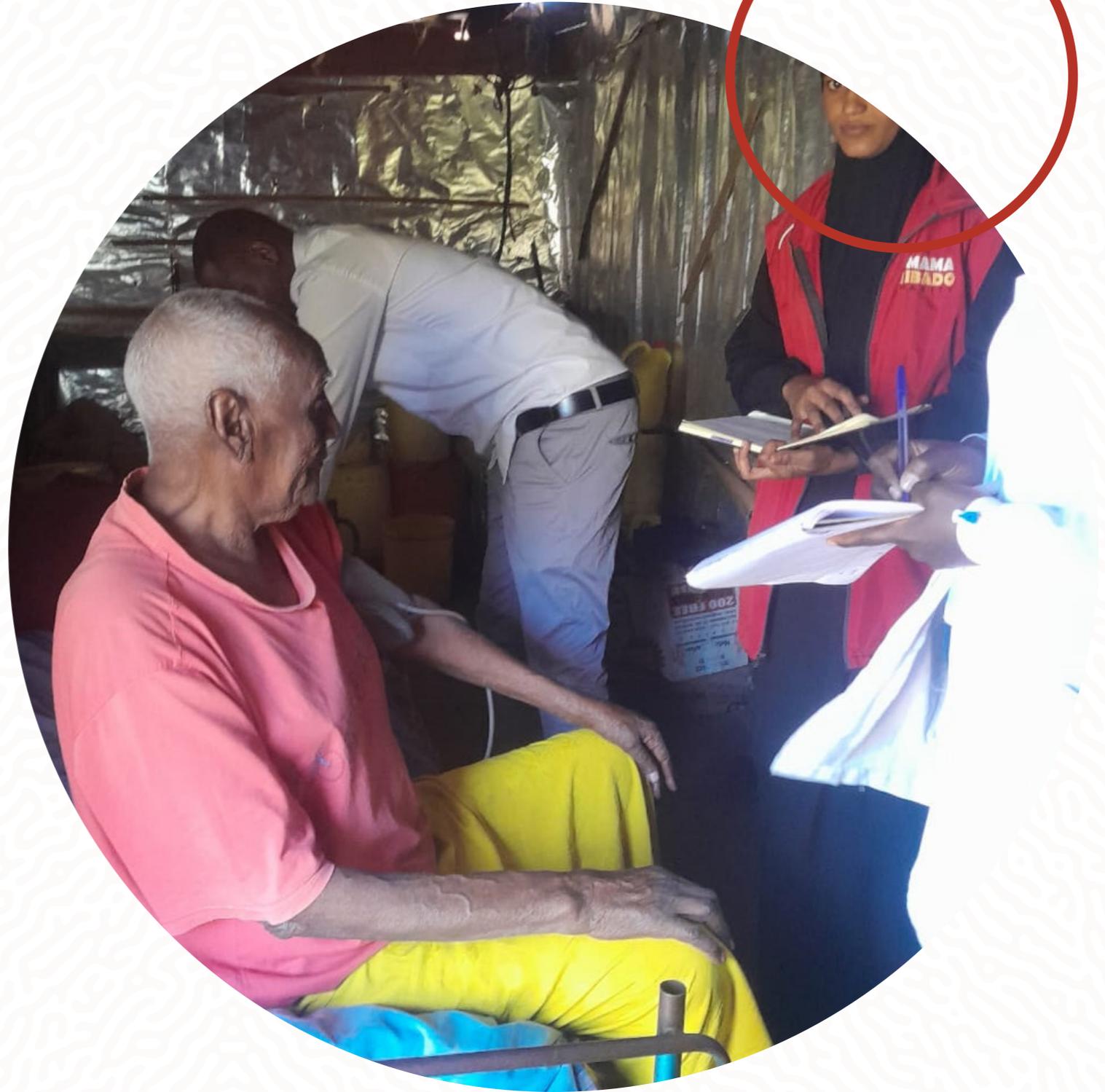
food items in Isiolo county

Total food distribution was at

13,565.60^{Kgs}

02

Seniors
Health Program





Seniors Health Program

Isiolo

The MIC clinical officer conducted medical check-up visits for 7 bedridden beneficiaries. A point of concern was one of our elders, Hadija Halango has been in bed for so long that her whole body has become stiff, and her daughter struggles to feed her while lying in bed. The clinical officer recommended physiotherapy sessions to support her mobility. We also continued tracking NHIF usage by beneficiaries as well as liaising with Alfalah Medical Centre to ensure seniors receive better services

Kakamega

Terms of reference for the Pilot phase of the health program were completed and it will be initiated in September 2023, the Nurse will be offering weekly Checks on vulnerable Households from Majengo Settlement.





03

Education
Initiative



Kakamega Township Primary School

The feeding program was sustained for 13 school days and increased enrollment was recorded in the third partly due to the lunch program, ICT resource Centre, and the reduction in admission fees from Ksh 1,500 to Ksh 500. Procurement of food items for the third term was completed in good time





Madrassa Feeding Program

Lunch was provided for 14 days in the month and there was an increase in attendance. Plans were initiated for the Sports Day that will happen in September 2023 as well as receiving sports gear from volunteers of Mama Ibado





School and Madrassa
Food Distribution Statistics

This month the number of beneficiaries impacted were:

816

Students from Kakamega
Township Primary school

240

Students from Madrassa

Collectively the students impacted were

979

Mama Ibado Charity distributed approximately

10,698

Meals to students in Kakamega
Township Primary School

3,360

Meals to the students in the Madrassa
Program.

The two programs collectively accounted the below
number of meals to beneficiaries in Kakamega county

13,968



04

Sustainability
Program



Sustainability Program



The sustainability project received a major boost with the harvesting of 2.2 tons of onions from the Matabithi farm which was sold at market price generating Ksh.150,000 in revenue after the deduction of production and harvesting costs. The expansion of land under production at Esimit saw the transplanting of onions on 1.5 acres and the Esimit nursery also donated onion to the Matabithi farm transplanted on 0.5 acres. Meanwhile, other crops such as maize, beans, green grams, cabbage, and sweet potatoes under production showed good progress.

The month also saw the completion of fence repair and the digging of an elephant trench at Matabithi farm to improve farm security and also keep away elephants from destroying crops at the farm.

Thank you for your support!

Feel free to approach us on our various platforms

www.mamaibado.org

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