



Monthly Activity Report

MARCH | 2024



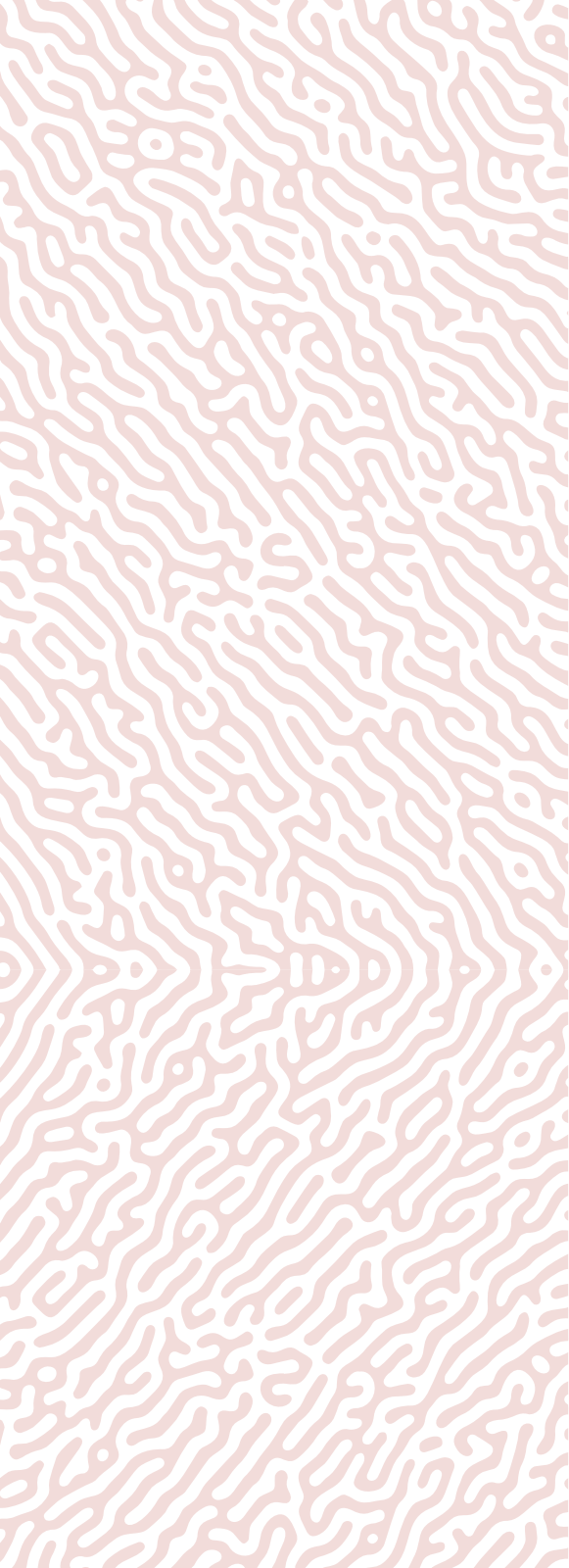


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01

Seniors Feeding Program





Saadi Fatuma Shikhunjira, Resident of Majengo Settlement Kakamega County

Notwithstanding the constant pain from her ailing legs and spending much of her time on her bed, Fatuma is a bold and warm senior, who finds comfort in her faith and the many good deeds of her younger life; Born the green villages of Shinyalu 77 years ago, She lived a modest life, spreading love to her siblings, supporting her parents and learning so much about life from her parents and grands parents, She remembers fondly how she would fetch for water in the nearby streams in Lugala as well as prepare meals and remembers how she would roast maize for the family and the house would be filled with warmth and laughter. Unfortunately, she did not attend any formal school but got basic writing and reading skills as she grew into her adolescence and youth, as a result of this she got married at an early age and begun her marital life in Matende Village

Her marital life was smooth and spent much of her time farming and taking care of her child to the best of her ability and with support from her loving husband, during her younger years she ensured all her domestic chores were executed promptly and took pride in a neat and organized house as well making time to attend her Friday prayers as well as making time to clean the Taqwa Mosque at Amalemba. All was okay in her life until the fateful day in 1998 when she lost her husband, and serious religious and cultural factors came into play, resulting in her expulsion from her marital home soon after he burial of her husband. With nowhere to live and unable to return to her paternal home, Fatuma opted to live in a small rental house in Majengo and started a new life. At 50 years she began running a micro enterprise; selling fresh vegetables and charcoal and from then until 2018 her life was generally peaceful despite the many difficulties she faced. However, in mid of 2018 she fell down and injured her knee while on an errand to fetch water and that marked the beginning of her troubles in walking and performing most of her domestic duties, and resulted in her halting her business thus sinking deep into debt and poverty.

Alienated from her only child, rejected by her marital family, unable to return to her paternal home and facing huge medical needs and pressing personal bills, she was on the verge of loosing her mind due to the pressures of life, as a result of her failing health, inability to meet her nutritional and dire financial situation She was enrolled into the Mama Ibado Charity seniors feeding program in the same year and until today has been a recipient of the monthly food hampers. This intervention significantly improved her health and reduced the financial pressures she faced for her daily needs, consequently slowed down the progression of her disease and among other. Recently she was selected a beneficiary of the weekly health clinics visits where she is has her health needs assessed and curative and palliative care provided and this is helping her cope with the challenges she faces. In her life MIC caters for nutritional and health needs and prays for continuous investments in the program so that more of her fellow seniors can continue to benefit from the program.



Evelin Kambura.

Born in 1953, Evelin Kambura was the first child in a catholic family of three children. Her parents have no education, and they did not encourage her to obtain one. Instead of going to school, Evelin used to help her mother with household work. Unfortunately, she lost her mother and she stepped in as a caretaker of her younger siblings so that they don't fill the gap left by their mother, though she was young.

Their father used to be a watchman and he used to give Evelin the little he got to buy food for the family. As the children grew and could not survive only on their father's salary, Evelyn started to work as a housemaid to support the family.

Later, she got married to a husband who used to sell tobacco for a living and they were blessed with three children. As time went by, her husband got sick and died. Struggling becomes part of Evelien's life as she has nothing to depend on. Her biggest accomplishment was raising her children since they were young, so she continued to work as a housemaid.

One day she slipped and broke her right hand, which made her not able to work again. She became homeless, alone on the street, and she lamented "I put myself in a lot of dangerous situations".

To survive, she was involved with a lot of strangers in Isiolo Town and as a result, contracted HIV which added another twist to her life. The world becomes hard and scary for her. She turned to God and prayed and her prayers were answered. She learned to live, heal, grow, and thrive because God gave her the strength to survive daily.

As old age caught up with her, her grown-up children left to struggle with their own lives, and Evelin was left to live alone in a small wooden house given to her by a well-wisher in Kachewa Village.

Her plight was highlighted to Mamo Ibado Charity by the area Chief after which our staff assessed her situation and was recruited into the Senior's feeding program. Five years down the line since joining the monthly feeding program, she says that her health has improved as the ration helps to cope with the larger quantity of medicines she takes daily and she has stopped going to town to beg for daily sustenance from strangers.



For March, we recorded 8 mortality cases; 4 each in Isiolo and Kakamega.



Siliya Angayilwa Miheso passed on 22/03/2024 at Sichinji village, Bukhulunya.



Regina Malesi, CK/249 passed on 21/03/2024 at her home in Mwiya



Lucia Mugasia, CK/100 Died on 30/03/2024 in Amalemba Village



Amina Gitiya Muthoni, CK/126 passed away on 30/03/2024 in Marava



Dabaso Ali Dogo K/171 passed on 19/03/2024 at the age of 79, leaving behind 5 dependents.



Kule Kiyo C/247 died on 25 March 2024 at the age of 81 living behind 2 dependents.



Amina Mohamed C/094 was a passed away on 30th March 2024.



Fatuma Kananu C/07 died on 30th March 2024.

A life lived with dignity



This month the number of beneficiaries impacted were:

294

Seniors from Kakamega county

691

Seniors from Isiolo county

Total Impacted Seniors

985

Mama Ibado Charity distributed

4,998.00^{Kgs} 11,763.00^{Kgs}

food items in Kakamega county

food items in Isiolo county

Total food distribution was at

16,761.00^{Kgs}



02

Seniors
Healthcare
Program



Health Care Program

This month the number of beneficiaries impacted was:

- In March, 48 beneficiaries attended the medical clinic held at the MIC office, and the Clinical Officer diagnosed conditions such as Arthritis, Gastritis, Headache, Hypertension, Diabetes, and cough.
- Home-based care and health assessments were done in Kakamega for 60 of our seniors, despite running low on essential supplies and medicines, the families of our beneficiaries were provided with the most affordable options and prescriptions to manage their health challenges
- 8 NHIF beneficiaries utilized their NHIF cover in Isiolo by visiting the hospital to seek treatment for various conditions such as Hypertension, Diabetes, and Gastritis.





03

Education
Initiative



Kakamega Township Primary School

Students reported back to school from the Half-term break and were in school for 20 days during which Lunch was provided including on the dates for the Zonal, sub-county, and County athletics competitions. The student population increased by 33 students to close the month at 892.

The ICT Resource Centre hosted lessons for the students and provided more than 45 hours of practice, during the month students had an opportunity to get practical and visual coaching on efficient athletic techniques, which contributed to the school's improved performance, competing up to the Western regional competitions.





Madrassa Feeding Program

Students attended the Madrassa for 8 days with the students averaging 220 students per day while the Madrassa registered an average of 12 children who walked into the institution to have lunch and play with Madrassa students





**School and Madrassa
Food Distribution Statistics**

This month the number of beneficiaries impacted were:

892

Students from Kakamega
Township Primary school

215

Students from Madrassa

Collectively the students impacted were

1,107

Mama Ibado Charity distributed approximately

17,840

Meals to students in Kakamega
Township Primary School

2,150

Meals to the students in the Madrassa
Program.

**The two programs collectively accounted the below
number of meals to beneficiaries in Kakamega county**

19,990



04

Sustainability
Program



Sustainability Program



Crop Production

- During the Month, the MIC founder, his Friend, and other staff from the Nairobi Office visited both farms to see the progress of sustainability projects, crop production, and Beekeeping projects. They noted that the general progress of the farms is good except for the beekeeping project which was recommended to undergo further improvements in terms of regular cleaning and planting of sunflowers.
- Marketing and selling of crops such as Tomatoes, Capsicum, Kale, Spinach, maize, and sweet potatoes continued for the Month, generating Ksh. 72,000 as sales revenue for our sustainability project.
- The Castor plant project also progressed with the planting of 60kgs of Castor seeds and 130kgs of intercropping beans on the designated 10-acre piece of land.
- Planting of rain-fed crops such as green grams, Beans, and Sorghum took place in both farms and a total of 5 acres were utilized.
- 2000 Bougainvillea and other tree cuttings were also planted in seedling bags, to be planted along the fence of the farms for protection and as windbreakers.

Bee Keeping

In readiness to attract scouts during the expected swarming periods between April and May, unoccupied hives in both were inspected and cleaned. Proper greasing of stands was done to reduce the movement of insects up into the hives and disturbing the bees hence resulting in the migration of colonies. Planting of sunflowers around the apiary area also commenced during the Month.



05

Highlights



Ramadhan Initiatives

During the Holy month of Ramadhan, a total of 350 (250 in Isiolo and 100 in Kakamega) vulnerable households received food hampers to support their families to break their fast with ease.



#WazeeWaKenya

Thank you for your support!

Feel free to approach us on our various platforms

www.mamaibado.org

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