



Monthly Activity Report

MAY | 2024



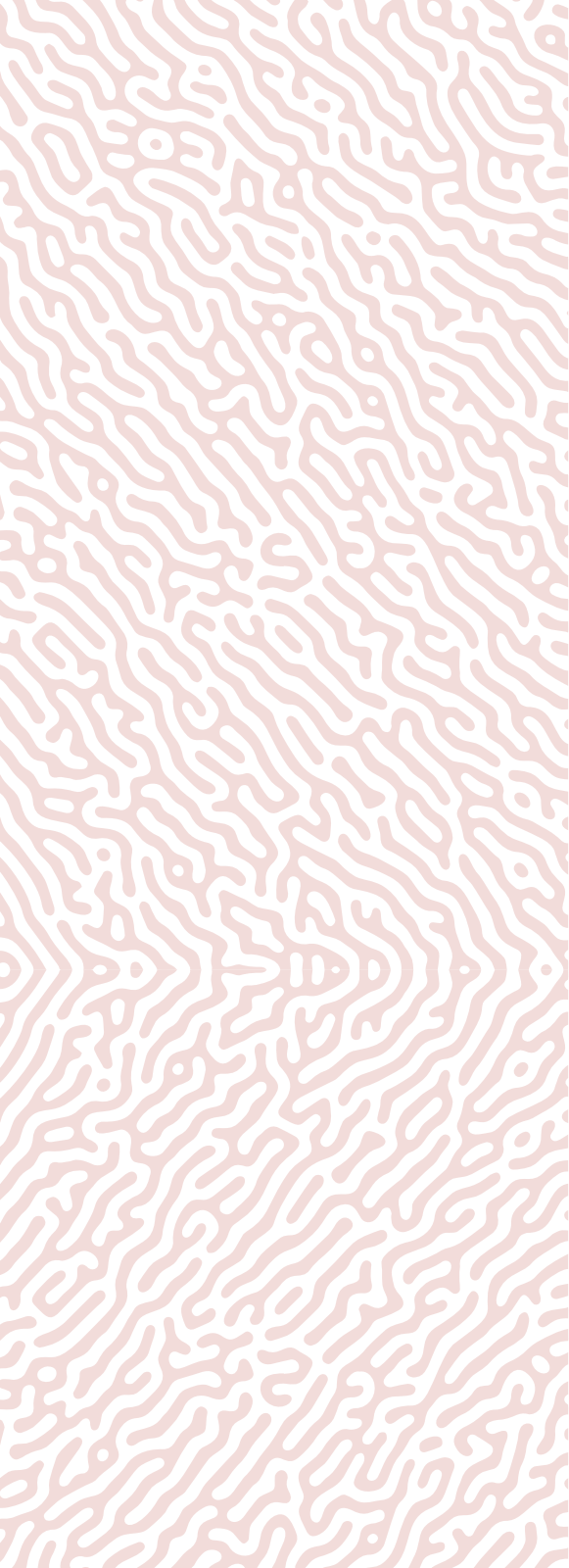


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01

Seniors Feeding Program





Petronilla Shituswa, resident of Al Karim Settlement

From Kakamega County is a 53-year-old Petronila Shituswa. At only 16, Petrolina Shistuswa was forced to suppress the vision of life's possibilities after her grandfather, their family's sole caregiver died. Her mother was unemployed and this forced her to drop out of school. She moved to Nakuru town, where she worked as a housekeeper in various households for several years before being hired at a factory that processed mosquito coils; at that point, her life began to have meaning.

After working at the plant for a while, Shistuswa met a young man and married him, she was 26 then. The couple moved to Shistuswa's husband's home in Siaya, together they had four children.

However, death was upon their household, when her husband died, she was once again left stranded. Further indenting the hollow wound in her heart, her husband's brothers desired to implement a culture considered a modern taboo, where they would metastasized her grief by clamoring to inherit her as part of their late brother's property.

Deluged with this unrefined tradition, Shistuswa escaped with her children and returned to her hometown Kakamega in Al-Karim slums. She left the children under the care of their grandmother as she navigated through various jobs to make ends meet. During this time, Shistuswa noticed a gradual incremental pain that incapacitated her and forced her into being hospitalized for six months in 2008. "Everyone thought I was dying," she recalled. The transient impermanent nature of human life dawned on her as she stared down the barrel of her mortality.

Dodging death, Shistuswa was discharged without proper diagnosis. For the next decade, she lived in jagged pain and her weight reduced to a shocking 35 kilograms. Going for a second diagnosis at a hospital in Kisumu town in 2018, various tests were done on her and the jarring news of having Spinal Cord Tuberculosis was revealed. Surrounded by a supportive community she leaned on them as she sort to taking her medications religiously in order to remedy her malady.

Through her positivity, she has succeeded in her personal transformation from being underweight and nearing the nothingness of death, to living a vibrant and healthy life. "My appetite has even improved. I now eat like a pig," she said. Petronila narrates she's amongst the beneficiaries who have are lucky to be fed by Mama Ibado charity and the support has not only rebuilt her nutritional profile but also aided in adhering to her medication and prolonging her life.



Karoi was born in Lodwar, Turkana County, and married her longtime sweetheart in accordance with tradition. The couple was blessed with three children, which she easily cared for. While she stayed at home, her husband worked as a casual laborer to support their family and guarantee they never ran out of necessities. He was supportive, she claims.

As fate would have it, when Karoi turned 30, her excellent life took a turn for the worse when her husband became ill, forcing her to take on the difficult role of father and mother. When her husband's health deteriorated, Karoi made the quick decision to travel to Isiolo County, to start a new life. After a month, her husband passed away. Karoi was left to support three children with almost no income. Without a stable breadwinner, she was thrown into a new state of extreme need, having to care for their children. The family takes each day as it comes, not knowing what tomorrow will bring.

Despite all the challenges, Karoi is a dedicated mother who refuses to give up in the face of adversity. She'll cover more ground on foot while working odd jobs or gathering firewood for her kids' dinner. She remembers the good old days when her family was content and lived in Turkana County's capital, Lodwar town.

Ten years following her husband's passing, she found herself caring for her two ailing daughters, who eventually passed away, leaving her grandkids in her care. Karoi was nearly driven to her breaking point by the shock of losing her daughters. The biggest concern Karoi had every morning when she awoke from her bed was what the children would eat. Sometimes there was so little food that she went a whole day without eating.

When the Shambani area Chief brought her to the MIC office in Isiolo to explain her situation, she was accepted into the Seniors Feeding Program. Karoi has received the monthly ration for three years and is pleased that MIC has solved several challenges in her life. She was also enrolled in the Seniors Health Support Program, where she is under the monthly National Hospital Insurance Fund (NHIF) coverage that she utilizes to obtain medications for her arthritic symptoms.



For May, we recorded 4 mortality cases; 3 in Isiolo and 1 in Kakamega.



Asli Ali died on 11 May 2024 while undergoing treatment. May her soul rest in peace



88-year-old **Kantuma Mohamed** passed on 16 May 2024 leaving behind 3 dependents.



Elizabeth Nkatha, who is 78 years old died on 13 May 2024 due to hypertension.



Robai Andeka Muyumbu passed away on 11/05/2024 in Mukango village.

A life lived with dignity



This month the number of beneficiaries impacted were:

295

Seniors from Kakamega county

698

Seniors from Isiolo county

Total Impacted Seniors

984

Mama Ibado Charity distributed

5,015.00^{Kgs} 11,729.00^{Kgs}

food items in Kakamega county

food items in Isiolo county

Total food distribution was at

16,744.00^{Kgs}



02

Seniors
Healthcare
Program



Health Care Program

This month the number of beneficiaries impacted was:

- 33 beneficiaries in Isiolo visited the office clinic, where a clinical officer assessed their condition and provided treatment options. The most common diagnoses were hypertension, arthritis, diabetes, and gastritis.
- 7 NHIF beneficiaries visited AL-Falah Medical Center in Isiolo for medical check-ups and they were all treated accordingly receiving medication.
- 170 (140 in Isiolo and 30 in Kakamega) eligible beneficiaries for the NHIF program were assessed. Those with major ailments, such as heart disease, difficulty seeing, hypertension, diabetes, cancer, or being bedridden, were also evaluated throughout the selection process.





03

Education Initiative



Kakamega Township Primary School

- School attendance at Kakamega Township Primary School averaged 860 Pupils daily and meals were provided for 15 days in May.
- MIC in collaboration with the School health club conducted a Menstrual Hygiene and awareness session at the Kakamega Township Primary School where more than 300 girls were reached with targeted information on menstrual hygiene, distribution of sanitary pads having a live feed from the MIC Sanitary Pads Ambassadors.





Madrassa Feeding Program

Madrassa continued during the month and students attended the Madrassa for 14 days with an average attendance of 217 students. Meals were provided for all the days





**School and Madrassa
Food Distribution Statistics**

This month the number of beneficiaries impacted were:

860

Students from Kakamega
Township Primary school

217

Students from Madrassa

Collectively the students impacted were

1,077

Mama Ibado Charity distributed approximately

12,900

Meals to students in Kakamega
Township Primary School

3,038

Meals to the students in the Madrassa
Program.

The two programs collectively accounted the below
number of meals to beneficiaries in Kakamega county

15,938



04

Sustainability
Program



Sustainability Program

Crop Production

- Both farms sold 1,466 kg of harvests, making Ksh. 55,835 in sales revenue. Crops sold include kale, spinach, capsicum, chili, and tomatoes.
- Harvesting of beans and green grams seeded during the rainy season began in late May and will continue until June.
- We have improved our marketing strategy for the harvested crops by identifying local vegetable vendors and hotels for order-based delivery, significantly reducing wastage and exploitation by middlemen.





Sustainability Program

Bee Keeping

In May, our beekeeping project reached a positive milestone with hive occupancy rates over 50% across both farms. A month-long inspection revealed that 28 hives in Matabithi are inhabited by strong colonies, while 27 hives in Esimit are occupied also. Because of the abundance of flowers following the recent rains, the bees are building at a much faster rate, and some hives are scheduled for harvesting in the coming months.

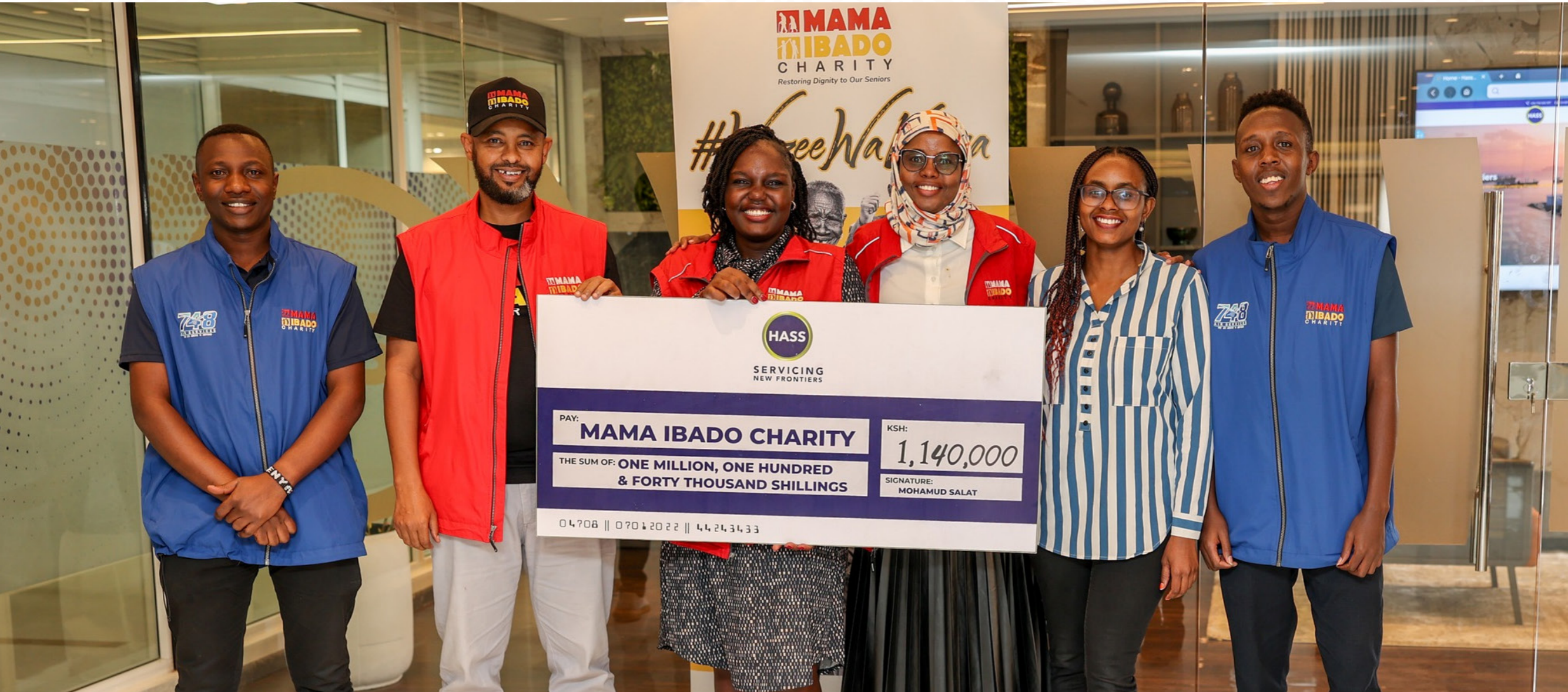




Sustainability Program

Sustainability data

Category	No.	Remarks
Total number of Acreage under production	20	<u>Matabithi</u> – 15 acres, <u>Esimit</u> 5 acres
Total number of harvests in kgs	1466	
The total value of sales in Ksh.	55,835	
The total no. of Kgs donated	0	
Total number of beehives occupancy	55%	More bees have colonized the hives during the rainy season; 28 in <u>Matabithi</u> and 27 in <u>Esimit</u>

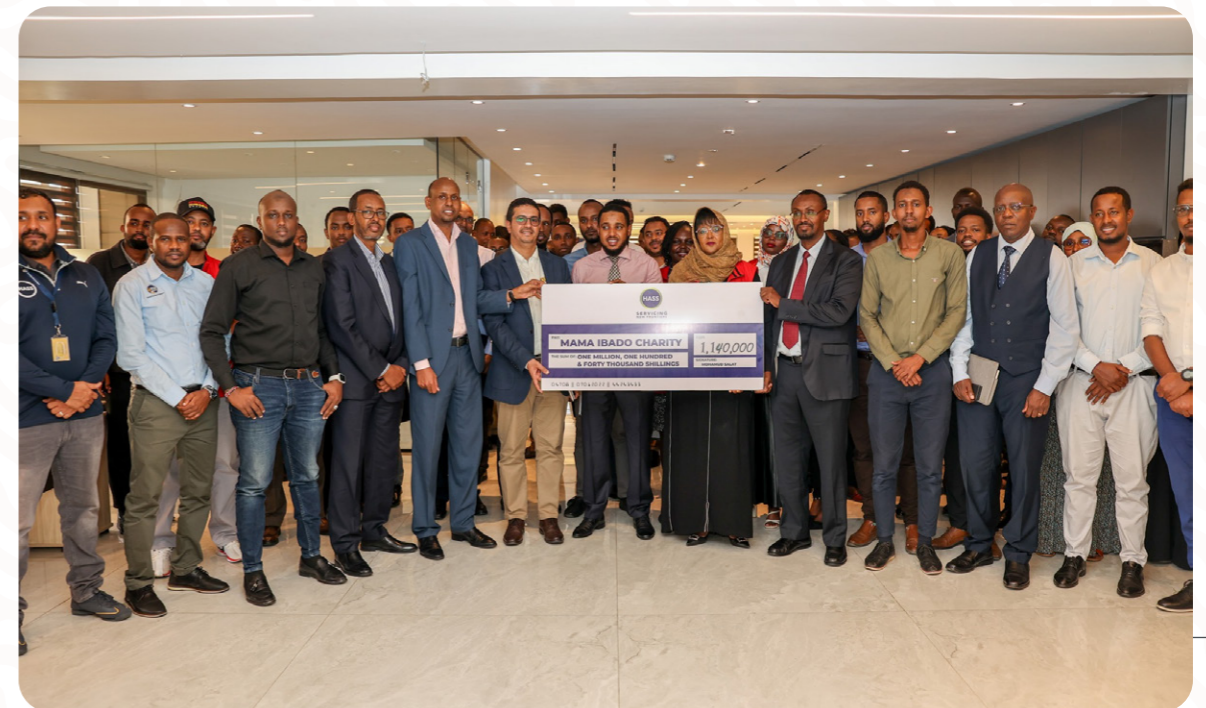
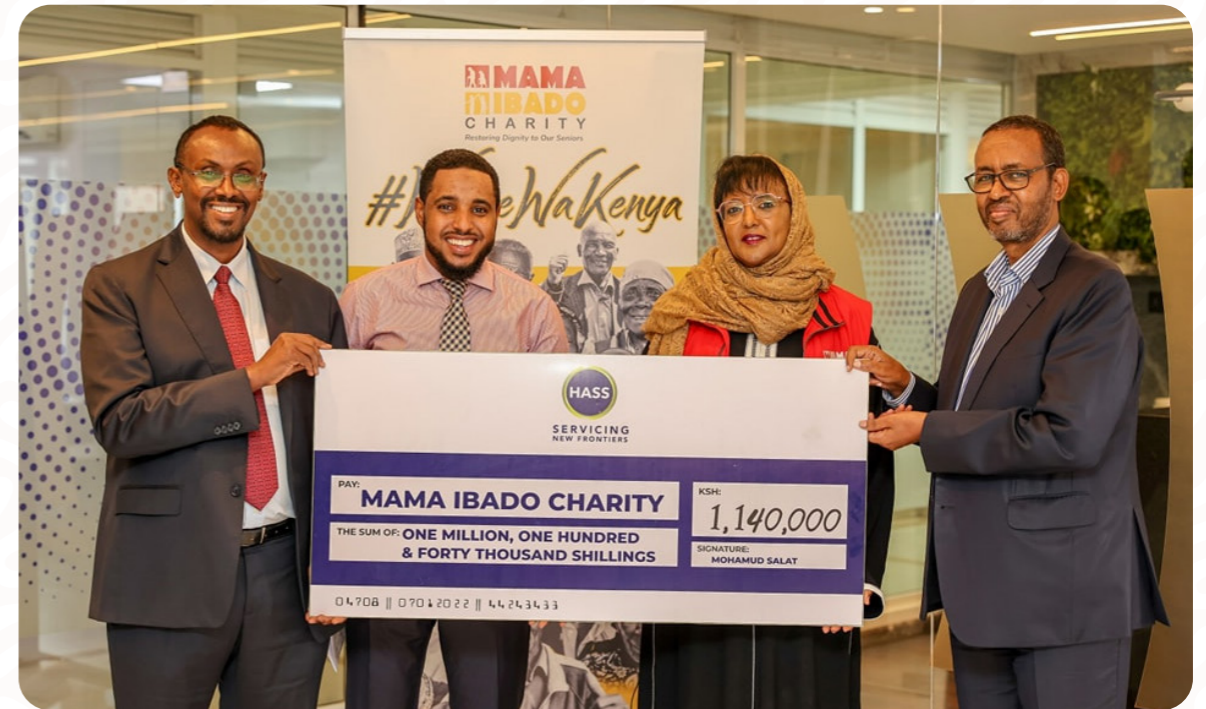




Partnerships & Stakeholders' engagement

We are excited to partner with Hass in a bid to support 100 vulnerable seniors under the seniors' Healthcare program. Hass donated KES 1,140,000 that will play a vital role in helping seniors access quality affordable healthcare services and live their lives in dignity.

The Isiolo team identified access to menstrual hygiene products as a key source of absenteeism among girls from low-income families in Isiolo Central who attend Government Day Secondary Schools. We listed nine schools with a total enrollment of 1,759 girls who require assistance with the provision of sanitary pads. We approached local organizations and businesses to raise awareness and form partnerships to solve the problem of girls by delivering annual sanitary gifts. The team paid courtesy visits to Nation Bank, Sidian Bank, Equity Bank, and Consolidated Bank, as well as USAID Nawiri and Caritas offices. The teams received positive feedback from both the banks and the local organizations, with some commitment. Most institutions recommended prior planning for budgetary allocation in their yearly community support allocations.



#WazeeWaKenya

Thank you for your support!

Feel free to approach us on our various platforms

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