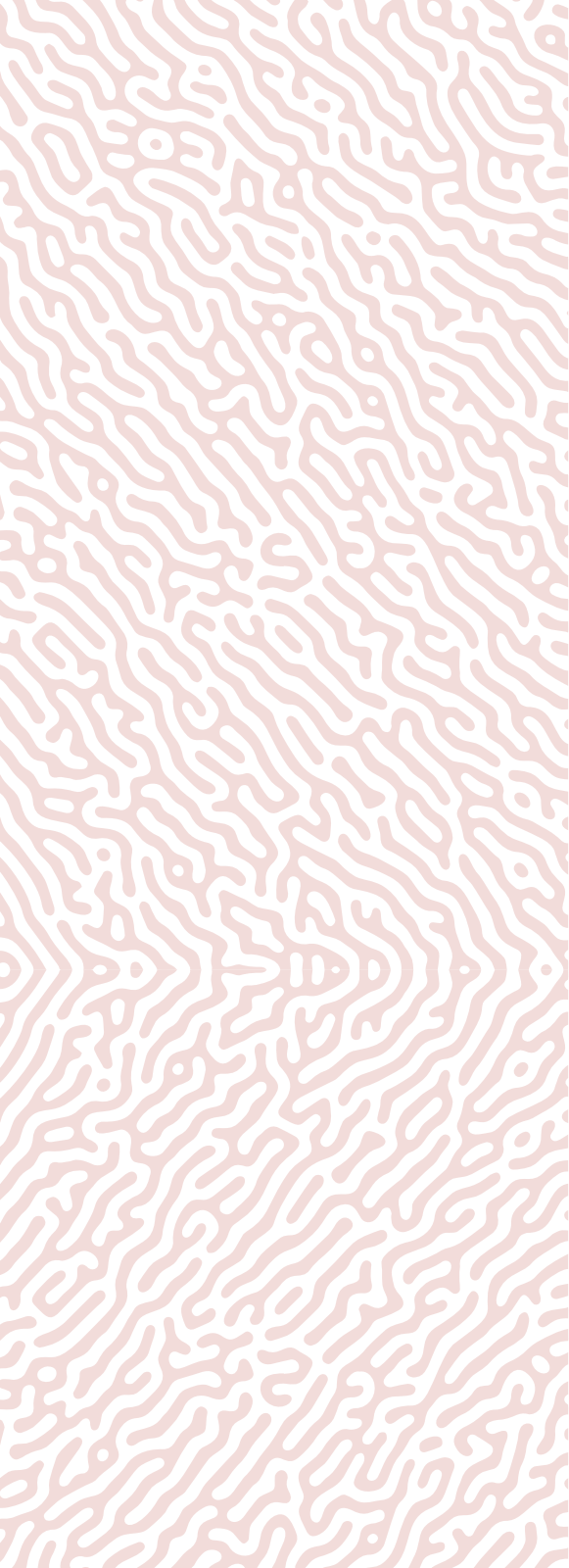




# Monthly Activity Report

**JUNE | 2024**





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# 01

## Seniors Feeding Program





The worst thing that can happen to anybody is to grow up an orphan. Fatuma Said lost her cherished parents when she was just 8 years old. Her early years were difficult, partly due to the absence of parental support and direction. This desperation emanated from her inability to envision a bright future for her siblings.

She suffered polio at the age of five, leaving her entirely immobile from the waist down which limited her to a wheelchair. First, she viewed her condition as a misfortune for losing her parents at an early age. Being crippled destroyed her as a child and made her question all she believed in. Raising her younger siblings was not simple either. Fatuma may sometimes go outside in her wheelchair by herself, pleading for help from well-wishers, and she may even return home empty-handed after a long day in the sweltering sun.

Her stress and hardship made her appear much older than her age. Her hair became white, and her face wrinkled ahead of time. Unlike most women her age in her area, she had never married, which is uncommon in the Arab community. She lived in a little wooden home with her siblings alone, trusting that all would be well one day. Time moves so quickly as all her siblings grew up and married. Her challenges and experiences have taught her to appreciate everything around her and wish the best for her siblings.

Death is a catastrophe that we all know about but are afraid of. You may not realize how powerful it is until it takes away the person you care about. Fatuma's dearest sister and her loving brother-in-law died in a car accident, leaving her with three children to care for. A circumstance in which both parents die, leaving behind defenseless children is tragic. Fatuma was in a circumstance where she needed to provide a helping hand because she had taken on the task of caring for her late sister's children. It was a difficult endeavor to raise the children again without assistance.

As they say, disability is not inability, Fatuma started to train herself as a tailor in her 40s. She knew nothing about handling a sewing machine, or folding clothes but after one month, she started to feel more confident. Before learning these skills, I had a very miserable life, she said and she was excited that she learned to sew though she was disabled.

One day, she was in her wheelchair, headed to her neighbor's house, when she noticed the MIC team visiting a sick beneficiary. Fatuma began telling the team about her heartbreaking vulnerability tale, after which they examined her circumstances and shortlisted her for recruitment into the seniors feeding program. Fatuma is now bedridden and has been on a monthly food ration for the past 12 years, which has kept her robust and healthy. Fatuma also receives monthly medical check-ups from the MIC team, supervised by our clinical officer, and occasionally receives drugs for the chronic pains she feels.



From Lichina Village, Mwiya in Kakamega County, 63 years old, Patrick Mbakaya Shabushi, was born as the only child in a family that relied on Farming for their daily needs. Patrick grew up supporting his parents quite well and was privileged to attend Primary and secondary school in his home village, thereafter he moved to Nairobi where He first began as a casual laborer and performing odd jobs for a daily wage, At around 23 years he got an opportunity to work as Cook in different local hotels and developed a passion for culinary arts, this led to him getting a long term job as a chef at the KICC in Nairobi

For 13 years, Patrick experienced significant peace during which he was blessed with a happy family, 4 children, and income from his job, unfortunately at 38 years He began experiencing recurrent body aches and server pains in his limbs. This discomfort increased in intensity and frequency resulting in the loss of his job and a mounting pressure and demand for finances to manage the “strange” diseases that didn’t respond to the conventional treatment, depleting all his resources and forcing him to return to his village for unconventional and traditional treatment but remained unsuccessful. After years of seeking treatments and disposing of all his assets he was diagnosed with a severe neurological condition that caused his paralysis and it had affected 2 of his children.

For 20 years, Patrick has been suffering trying to manage his condition as well as his children, albeit with little success, presently he has lost most of his coordination and motion functions relying on his wife for his daily life needs, furthermore, she is the breadwinner and caretaker the family which reduced her time in any economic activity. The family was bound by the fangs of poverty and tormented with severe bouts of hunger leading to a very troubled, malnourished, and poor family. Through God’s grace and with referral from community leaders Patrick was enrolled into the MIC Seniors feeding program in October 2022 and has been a beneficiary to date, though we have not been able to address all his challenges Patrick and his family are happier because they now have food to eat and are leading to better nutritional levels and better access to health due to our health Program, he receives timely therapy and monthly health checks with our health care workers

For June, we recorded 7 mortality cases; 4 in Isiolo and 3 in Kakamega.

## Beneficiary Mortality



**Rosemary Achuka**  
85 years old died on 3rd June 2024 due to old age complications.



**Kariuki** 86 years passed away on 22nd June 2024 while at his home.



89-year-old **Sigirso Guyo** passed away on 27th June 2024



**Fatuma Ali** 98 years old died on 29th of June 2024.



**Mwanaidi Indosio Eunice** died on 20/06/2024 at Lutonyi Village, Kakamega.



**Anyolo Alima** Kamala died on 24/06/2024 in Majengo area.



**Amulabu Nicholas** Passed away on 28/06/2024.

*A life lived with dignity*



This month the number of beneficiaries impacted were:

295

Seniors from Kakamega county

688

Seniors from Isiolo county

**Total Impacted Seniors**

983

Mama Ibado Charity distributed

5,015.00<sup>Kgs</sup> 11,729.00<sup>Kgs</sup>

food items in Kakamega county

food items in Isiolo county

**Total food distribution was at**

16,744.00<sup>Kgs</sup>



02

Seniors  
Healthcare  
Program





## Health Care Program

This month the number of beneficiaries impacted was:

- 55 beneficiaries showed up for the weekly clinic in Isiolo, where the clinical officer assessed, checked, and treated them according to their conditions and gave them medications. The most common diagnoses were hypertension, Arthritis, and Gastritis.
- Six NHIF beneficiaries visited AL-Falah Medical Center for medical check-ups and they were all treated accordingly and got medication.
- 170 (140 Isiolo, 30 Kakamega) beneficiaries were assessed and verified ready to be onboarded into NHIF insurance cover in July. Those with major ailments, such as heart disease, difficulty seeing, hypertension, diabetes, cancer, or being bedridden, were considered during the registration process.





03

Education  
Initiative



## Kakamega Township Primary School

- a. The school feeding program was open for 15 days during which students were provided with lunch and there was continued use of the school ICT resource Centre to provide Computer lessons and access to CBC materials
- b. Students were provided with 15 ICT lessons during the month and an additional 16 hours of computer practice and a laptop was delivered to assist the teachers in offering the lessons
- c. The student population increased by 37, students were enrolled toward the end of May 2024 thus increasing the student population to 897.





## Madrasa Feeding Program

Madrasa was open for 10 days with Lunch  
being provided on all the days





School and Madrassa  
Food Distribution Statistics

This month the number of beneficiaries impacted were:

897

Students from Kakamega  
Township Primary school

200

Students from Madrassa

Collectively the students impacted were

1,077

Mama Ibado Charity distributed approximately

13,455

Meals to students in Kakamega  
Township Primary School

2,000

Meals to the students in the Madrassa  
Program.

The two programs collectively accounted the below  
number of meals to beneficiaries in Kakamega county

15,455



04

Sustainability  
Program



## Sustainability Program

### Crop Production

- The Month of June saw increased sales from the farms, generating Ksh.149,690 that will be ploughed back into operations. The major boost came from the selling of beans, onions, and green grams while kale, spinach, capsicum, chili, and tomatoes also contributed a significant amount to the gross sales value.





## Sustainability Program

### Bee Keeping

After inspection of 55 hives occupied by bee colonies, we earmarked 20 hives for harvesting in July.







## Sustainability Program

### Sustainability data

Category	No.	Remarks
Total number of Acreage under production	17	<u>Matabithi</u> – 13 acres, <u>Esimit</u> 4 acres
Total number of harvests in kgs	2,344	Crops sold include Beans, Green grams, Onions, Kale, Spinach, Capsicum, <u>Chilli</u> , and Tomatoes.
The total value of sales in Ksh.	149,690	
The total no. of Kgs donated	0	
Total number of beehives occupancy	55%	28 in <u>Matabithi</u> and 27 in <u>Esimit</u>

05

Highlights

**MAMA  
KIBADO  
CHARITY**

*Restoring Dignity to Our Seniors*

**748**  
AIR SERVICES  
*WE GO ABOVE & BEYOND*



**#CONQUERING  
MT. KILIMANJARO**



## Partnerships & Stakeholders' engagement

MIC representatives participated in Pratt and Whitney's 1st Humanitarian Symposium for aviation held in Canada.



MIC participated in an Environmental conservation initiative hosted by 748 Air Services, Kakamega Forest Heritage Foundation, and other partners by planting trees.

Launched our Seniors 4 Seniors campaign where our founder, Mr. Ahmed Jibril is on a quest to conquer Mt Kilimanjaro to raise awareness and fundraise to feed 1000 vulnerable elderly people in Isiolo and Kakamega Counties. MIC is targeting to raise USD 100,000 from well-wishers.



MIC Kakamega hosted 748 Air Services, the World Food Program (WFP), the United Nations Humanitarian Air Service (UNHAS), and the Kenya Civil Aviation Authority (KCAA) at our Kakamega offices.

*#WazeeWaKenya*

*Thank you for your support!*

Feel free to approach us on our various platforms

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