



Monthly Activity Report

JULY | 2024



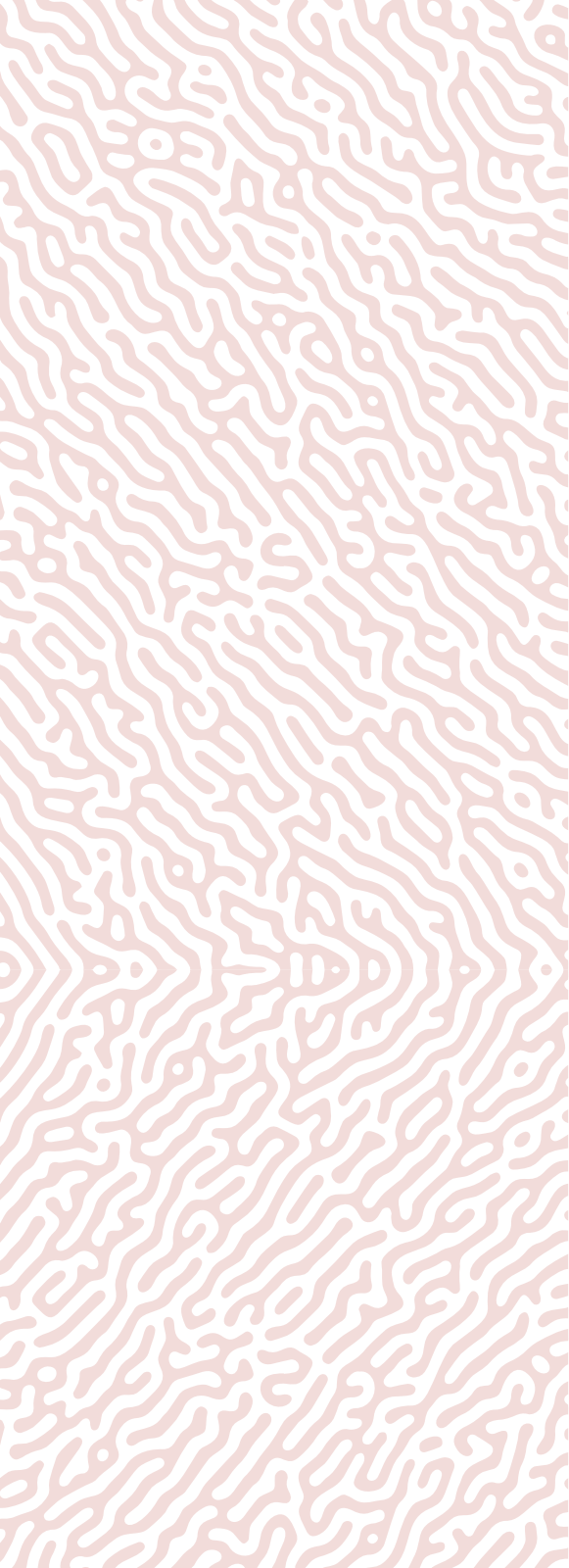


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01

Seniors
Feeding
Program





NGAMWE LOKOKAI

Ngamwe was born in Baragoi, a tiny town in Samburu County. She was the last child born in an eight-person family. Despite her diminutive size, she was adored by all. For her, life was fantastic. However, the adversary never sleeps. A catastrophe struck her family when she was ten years old. Her entire family was killed, and all of their animals were taken. The only one to survive was Ngamwe. She was only seven years old at the time. After being taken by police to Baragoi town, her uncle decided to adopt her.

Ngamwe's life was never the same because she never had the chance to go to school; instead, she did housework and cared for her uncle's children. She recalls growing up in poverty, neglected, and wearing tattered clothes. When she was twenty years old, she was forced to marry an elderly man, and the union produced eight children. She states that her husband would beat her over minor misunderstandings, as was customary at the time.

When her old husband became cruel, she left him and fled with the children, eventually settling in Isiolo with the help of a friend. In Isiolo, she started from scratch and supported her family by burning charcoal and selling it in town. Her eldest daughter relocated to Nairobi for casual work, and she used to send money to her siblings to feed them. Their circumstances began to improve, but sadly, her daughter in Nairobi died, leaving two grandchildren in her care. She began begging for food again to support her children and orphaned grandchildren. Despite her elderly age and steady degradation, she begged to support her family.

One day while begging in town, she learned about Mama Ibado Charity and paid a visit to the office. She told her heartwarming story, and fortunately, she was accepted into the feeding program. She has benefited from the feeding program for the past three years. In addition to the food ration she receives, she is also a beneficiary of the National Hospital Insurance Fund (NHIF) monthly cover to access medical services. Ngamwe is now robust and healthy. She thanks Mama Charity for transforming her life for the better.



At the age of three, William Zainab Beatrice's life seemed bleak and forsaken, a total orphan and living the rural village, as fate would have, she was adopted by a woman who was in search of a child and raised her as her very own. As her mother was blessed with her own children Zainab took up the role of the first born and cared for her younger siblings, constantly brought cheer and warmth in the house.

Tragedy struck as Zainab's adopted mother passed away and the children were all of age and made independent decisions, with the rest of the children grown up and capable of leading their own paths, Zainab got married and begun her marital life. However, after the birth of two daughters, her husband succumbed to the same fate as her adopted mother.

Confronted by the needs of her young children, those of her own and the social pressures to provide a decent life for her family, Zainab embarked on a physical and demanding job as a water vendor; fetching water and selling to families this undertaking ensured the survival of her family providing some of the basic needs. Through this enterprise, she interacted with different community members and joined a small village based micro saving group which provided her with an opportunity to save and raise capital for any small business and this allowed her breather and better life for her family.

As soon as her two daughters came of age, they got married but the darkness of divorce settled in both their marriages forcing them and their children to return to Zainab's house. As Zainab carried on with her water trade, she developed breathing problems and severe chest pains. She quit the trade and diverged into a different venture of selling second hand clothes. However, she soon quit this business due to incurring frequent losses.

As she and her family relied on the money from her micro savings group, Zainab was confronted with the emptiness of an idle life. One afternoon as she relaxed in her compound, Zainab observed her neighbor mixing various components, which ended up turning into liquid soap. Zainab beheld a new but complex means to earn money. Despite her age, she decided to learn from her neighbor who kindly taught her the entire process.

Zainab advanced her expertise and with life still pulsating in her body; she started manufacturing and selling liquid soap. However, as her movement inevitably slowed down, Zainab decided to sell her soap from the comfort of her house thus reducing her sales volumes and increasing the vulnerability of her household, which had increased due to her grandchildren. Due to the unwavering spirit of the 69 years old & incredible efforts created a pathway to university for one of her grandchildren who is currently pursuing a Bachelor of Science in Nursing and was identified as a beneficiary for the seniors feeding program and as such her life received the much-needed nutritional boost for herself and the grandchildren who look up to her.





For July, we recorded 5 mortality cases in Isiolo



Jane Aleleu

65 years old died on the 4th of July 2024 due to uncontrolled Hypertension.



Mwereria Mruchiaka

passed away on the 9th of July 2024 while at his home. He died at the age of 72. May his soul rest in peace



76-year-old **Mumina**

Wako passed away on 16 July 2024. she died due to a liver problem.



80-year-old **Aden**

Gabre Passed away on the 22nd of July. He died after a short illness



James Meme 58

years old died on the 16th of July 2024. He died due to throat cancer.

A life lived with dignity



This month the number of beneficiaries impacted were:

292

Seniors from Kakamega county

690

Seniors from Isiolo county

Total Impacted Seniors

982

Mama Ibado Charity distributed

4,895.00^{Kgs} 11,729.00^{Kgs}

food items in Kakamega county

food items in Isiolo county

Total food distribution was at

16,744.00^{Kgs}



02

Seniors
Healthcare
Program



Health Care Program

This month the number of beneficiaries impacted was:

- 40 beneficiaries visited the office clinic, where the clinical officer assessed, checked, and treated them based on their illnesses and prescribed drugs. The most prevalent diagnoses were hypertension and gastritis.
- 11 NHIF beneficiaries went to AL-Falah Medical Center for medical check-ups. Hypertension, diabetes, gastritis, and arthritis were among the most frequent disorders recorded. All were treated appropriately and given drugs.
- A clinical officer assisted us in conducting home visits for eight bedridden beneficiaries to ensure their well-being. Five sick beneficiaries were screened, checked, and provided drugs based on their diagnoses.
- 30 beneficiaries were assessed and all their registration documents compiled for the health Program in addition their registration was initiated.
- 40 Beneficiaries were visited in their homes by the Nurse and provided with basic home care all of whom presented with severe flu, malaria and different chest complications





03

Education
Initiative



Kakamega Township Primary School

- a. The school feeding program was open for 23 days.
- b. The School Administration hosted the MIC Vice president for a meeting, during which the program updates were reviewed.
- c. The ICT resource center had 19 ICT lessons and student had more than 23 hours of practice.
- d. MIC staff participated in the annual Sanitary towels' distribution event at Lugala jointly with Kakamega Forest Heritage Foundation.
- e. 3,208.5 Kgs of food was utilized in the school feeding program





Madrasa Feeding Program

- Madrasa was open for 8 days with Lunch being provided on all the days
- Student population remained at 195 students
- 08 Kgs of food was utilized





School and Madrassa
Food Distribution Statistics

This month the number of beneficiaries impacted were:

897

Students from Kakamega
Township Primary school

195

Students from Madrassa

Collectively the students impacted were

1,092

Mama Ibado Charity distributed approximately

20,631

Meals to students in Kakamega
Township Primary School

1,560

Meals to the students in the Madrassa
Program.

The two programs collectively accounted the below
number of meals to beneficiaries in Kakamega county

22,191



04

Sustainability
Program



Sustainability Program

Crop Production

In July, the sustainability project generated Ksh. 45,830 in sales revenue from both farms selling crops such as onions, kale, spinach, capsicum, and tomatoes, new crops, including capsicum, chilli, tomatoes, kale, watermelon, maize, and thorn melon, were planted in farms as part of the crop rotation strategy beginning in July, replacing earlier crops. However, the dry windy season has led to increased diseases and pests affecting tomatoes, kale, and spinach, resulting in higher input costs and lower harvest quality





Sustainability Program

Bee Keeping

The first batch of honey from the MIC farms was harvested this month, indicating a positive future for the bee-keeping enterprise. We processed 50kg of pure honey, which we sold for Ksh. 52,000 in revenue, we enhanced the water supply for bees and the vegetation around the apiaries to provide forage for bees during the dry season





Sustainability Program

Sustainability data

Category	No.	Remarks
Total number of Acreage under production	20	<u>Matabithi</u> – 15 acres, <u>Esimit</u> 5 acres
Total number of harvests in kgs	1158	Crops old include Kale, Spinach, Capsicum, <u>Chilli</u> , and Tomatoes.
The total value of sales in Ksh.	95,830	
The total no. of Kgs donated	0	
Total number of beehives occupancy	57%	More bees have colonized the hives during the rainy season; 30 in <u>Matabithi</u> and 27 in <u>Esimit</u>

05 | Highlights





Partnerships & Stakeholders' engagement

- Kakamega Township was privileged to host The MIC Vice president and the MIC programs manager for a meeting and discussion on the future of the school feeding program, Program exit plan was agreed, MIC, Kakamega Township and Food for education will hold a meeting to finalize the handover of the feeding program.
- MIC participated in the annual Sanitary pad's donation in Lugala education complex where Pad and pants were distributed to 8 secondary schools
- Both Isiolo and Kakamega Branches continued with mobilizing different stakeholders to support the Kilimanjaro campaign
- Mama Ibado Charity was represented in the Kakamega County : Domestic Child Labor case conference that was organized by Childline Kenya and Department of Children services at Jamindas Motel Kakamega



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Thank you for your support!

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