



Monthly Activity Report

OCTOBER | 2024



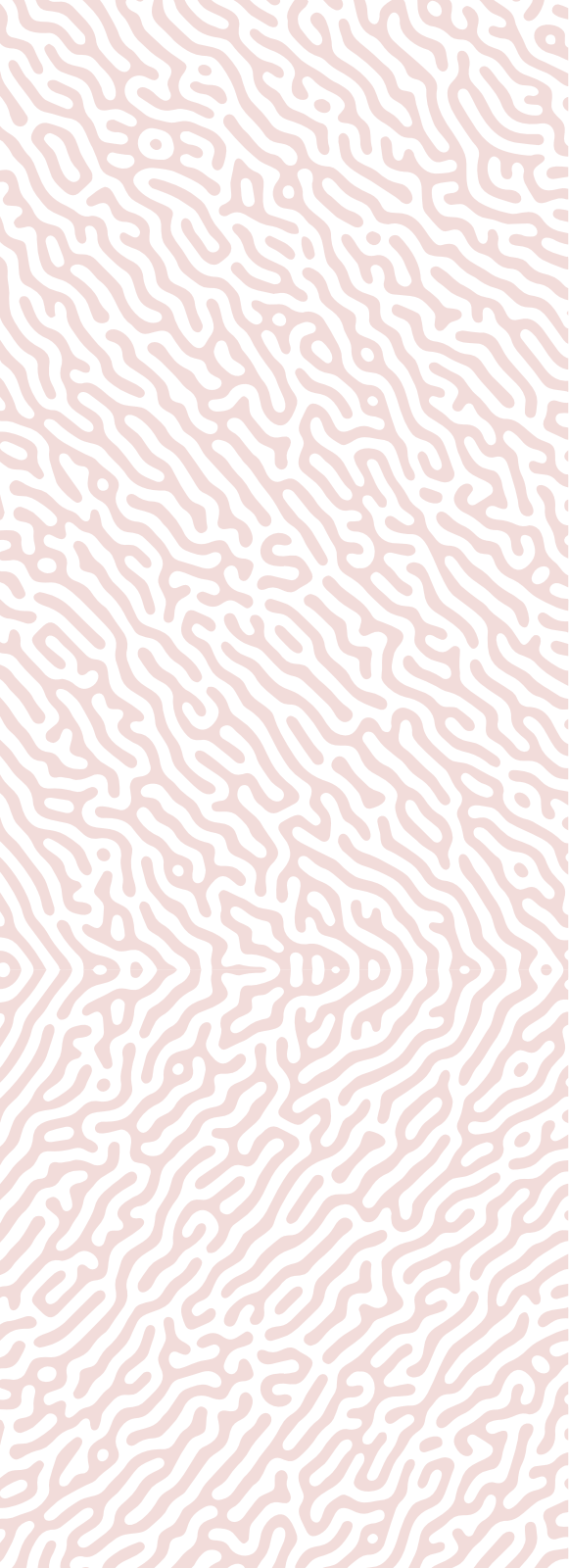


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01

Seniors Feeding Program





Born and raised in Tana River among five siblings, Ibrahim lost his mother while he was very young and was brought up by a single father. He started his education but dropped out at class five due to poverty. When the 8-4-4 school system started, he went back again to school and studied up to class eight.

After a year of his class eight studies, he got a job as a cleaner in a restaurant where he also learned to cook. Due to his determination, a month after his first work, he was employed by the Islamic Foundation in Isiolo where he cooked for orphans. While he was working in Isiolo, he found the love of his life, and the couple got married and gave birth to eight children.

Later, Ibrahim left his work and started to work in one of the local restaurants in Isiolo as a cook again. Ibrahim is a hardworking man; his hands were calloused from years of hard labor. Each day he rose with the sun to get to work. The pay was meager, barely enough to afford a full meal a day, yet he was grateful for the opportunity, as many people were not as fortunate.

Despite his circumstances, Ibrahim held onto dreams that kept his spirit alive. He longed for a better life not just for himself, but for his wife and children. Unfortunately, as fate would have it, Ibrahim's dream was shattered when he started to feel sick and was diagnosed with hypertension. Most of the time you will find Ibrahim faint due to his condition. As for his work as a cook, he gave it a break two years ago due to

the weakness infused by hypertension and old age.

Currently, mzee lives in Bula Pesa with his wife and children, the family also lives in a wooden structure house given by the good Samaritan and his fear is that anytime he may be vacated. Despite the challenges life has thrown his way, he continues to live and have faith in God. Ibrahim has been in the feeding program for 7 months now.



At 79 years, Sylvester has a near perfect memory of his life, the major milestones and the most importantly how his old age has been dignified. Born in Kikwechi village, Malakisi in Bungoma County, As was the norm He was born in a large family, in which he was the third of 9 siblings. His parents taught him on how to execute domestic, farming and other social tasks as well as enabling him to attend primary school. Upon completing primary education, he quickly learnt basic culinary skills which open a path for him to move to Cherangani where he worked in settler home as a gardener and later as a cook.

After 8 years as a domestic help, he improved and begun working in hotels as a cook / chef which saw him work in different hotels in Kitale and later on in Kakamega where his retired due to health and age considerations

Sylvester married his first wife in 1968 and they were blessed with 7 children and they jointly cared for them until her untimely demise in August 1982, given his family size and the number of young children, he married his second wife with whom they raised all their children together. After 20 years together his second wife succumbed to health complications and he continued his life widowed.

Due to numerous social challenges and family dynamic, Sylvester migrated to Kakamega and settled in his current home, this meant that all his lifesavings were utilized in securing a parcel of land and building a house where he lives with his grandchildren. With all his finances depleted, debt began to pile, disruption of his feeding pattern as well a depreciation in hi his general hygiene, as a result his health deteriorated and was prone to common infections of the chest and skin.

Due to the devastating effect tuberculosis had on his life, he was referred to Mama Ibado charity for nutritional support to boost his physical health as well as improve on his adherence to the TB medication. "Without the monthly food rations that I receive from Mama Ibado Charity, I would have endured the entire treatment and survived until now" he explained for the 4 years he has been on the program; his health has significantly improved and the frequency of attacks has reduced giving him a better and more fulfilling old age.



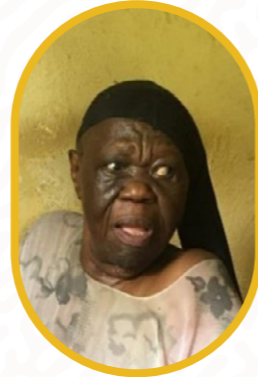
For October, we are saddened to announce, the program lost 4 beneficiaries, all from Kakamega



Zainab Mwenje Said

Reg No: CK – 247

PoR: Majengo Age: 83 years



Mary Anjiko Gaudencia

Reg No: CK – 235

PoR: Mukango | Age: 68 years



Tsiruma Colleta Achitsa

Reg No: CK 268

PoR: Mukango | Age: 74 years



Elina Lipuku Mukah

Reg No; KK – 159

PoR: Majengo | Age: 91 years

A life lived with dignity



This month the number of beneficiaries impacted were:

296

Seniors from Kakamega county

686

Seniors from Isiolo county

Total Impacted Seniors

982

Mama Ibado Charity distributed

5,561.00^{Kgs} 13,162.50^{Kgs}

food items in Kakamega county

food items in Isiolo county

Total food distribution was at

19,019.50^{Kgs}



02

Seniors
Healthcare
Program



Health Care Program

This month the number of beneficiaries impacted was:

- In October, 21 NHIF beneficiaries went to AL-Falah Medical Center for medical check-ups. Hypertension, Diabetes, and Arthritis were among the most common diseases found.
- 200 beneficiaries were successfully on boarded on the SHA/SHIF program; 170 beneficiaries from Isiolo and 30 from Kakamega.

Category	No.	Remarks
Number of beneficiaries who utilized NHIF cover.	21	<ul style="list-style-type: none">• The number is less since the NHIF system had a problem, all were in Isiolo
Number of beneficiaries who received treatment during weekly clinic	58	<ul style="list-style-type: none">• 31 seniors in Isiolo and 29 in Kakamega All the beneficiaries were provided with the required medication and care
Number of bedridden beneficiaries visited for medical checkups	16	<ul style="list-style-type: none">• These were bedridden beneficiaries who were assisted with basic physiotherapy, testing for common infections as well as management of pressure sores.• Isiolo and Kakamega had 8 Home visits each
The number of NHIF beneficiaries who lost their lives	1	<ul style="list-style-type: none">• Whereas we had 4 deaths only 1 of the deceased beneficiaries was on the NHIF care.
Number of bedridden Beneficiaries	41	<ul style="list-style-type: none">• 29 beneficiaries in Isiolo and 12 in Kakamega• The number is increasing due to old age complications, stroke, and fractured legs and other injuries occasioned by accidents in the home.



03

School
Education
Program



Kakamega Township Primary School

- a. The ICT resource center had 10 lessons and 18 hours of practice.
- b. Sanitary Pads initiatives: Isiolo Branch successfully Mobilized for 1 year supply of sanitary pads to 25 girls. A cash donation of Ksh 25,000 was made by Sidian bank to support the cause





Madrasa Feeding Program

- Madrasa was open for 8 days with Lunch being provided on all the days
- Daily Student attendance reduced to 150 students, due to the start of the long end of year holiday
- 202 Kgs of food was utilized
- A total of 1200 meals were served and consumed





School and Madrassa
Food Distribution Statistics

This month the number of beneficiaries impacted were:

0

Students from Kakamega
Township Primary school

150

Students from Madrassa

Collectively the students impacted were

150

Mama Ibado Charity distributed approximately

0

Meals to students in Kakamega
Township Primary School

1,200

Meals to the students in the Madrassa
Program.

The two programs collectively accounted the below
number of meals to beneficiaries in Kakamega county

1,200



04

Sustainability
Program



Sustainability Program

Crop Production

In October, the sustainability project generated Ksh. 24,600 in sales revenue from both farms selling crops such as Watermelon, kale, spinach, tomatoes, Capsicum, and Chilli.





Sustainability Program

Bee Keeping

We harvested honey from the farms, 10kgs in total, which generated Ksh. 10,000 as revenue and as the swarming period started, more hives were colonized thus increasing the occupancy rate to 65%.





Sustainability Program

Sustainability data

Category	No.	Remarks
Total number of Acreage under production	10	<u>Matabithi</u> – 5 acres, <u>Esimit</u> 5 acres
Total number of harvests in kgs	1300	
The total value of sales in Ksh.	34,600	Crops Ksh. 24,600, Honey Ksh. 10,000
The total no. of Kgs donated	300kgs	Kale was donated to 300 beneficiaries each receiving 1kgs of Kale.
Total number of beehives occupancy	65%	

05

Highlights





Partnerships & Stakeholders' engagement

- Successfully fundraised Ksh 20,000 to support the Sanitary pad program in Isiolo County
- Initial discussions on possible partnership and collaboration between MIC Kakamega Branch, Regional development consultants and Kenya Informal settlement Improvement project (KISIP) under their social and economic inclusion projects in Majengo and Kambi Somalia settlements
- Hosted representatives of Safezone Auto parts on 1st October 2024 during the food distribution and commemoration of international day for older persons
- Beneficiaries received 1 Kg of vegetables in addition to their routine food items



#WazeeWaKenya

Thank you for your support!

Feel free to approach us on our various platforms

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