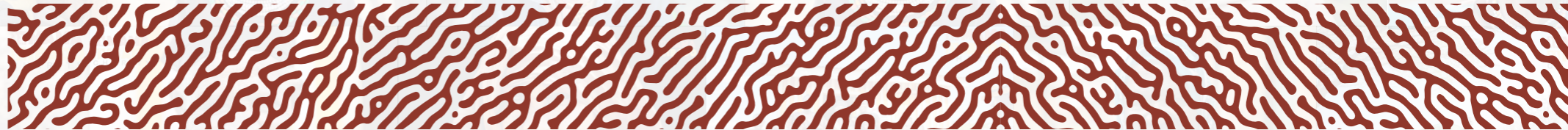




Monthly Activity Report

NOVEMBER | 2024



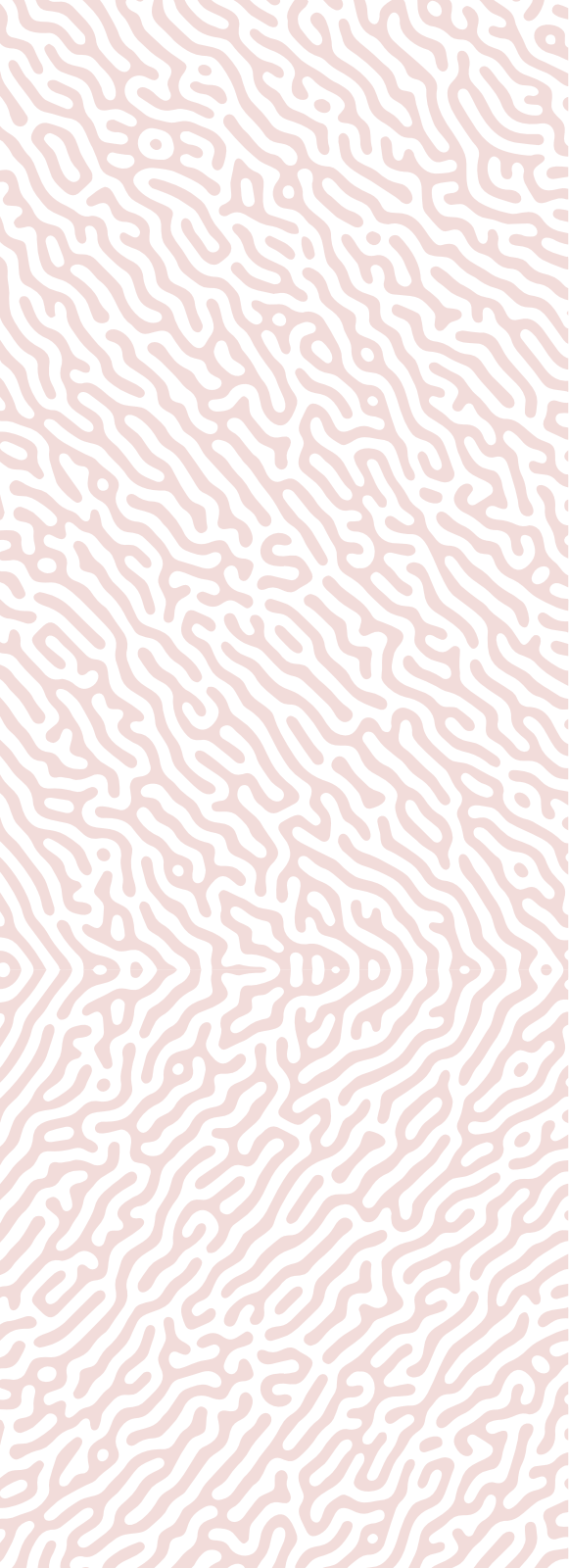


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01

Seniors Feeding Program





Julia was born and raised in Meru County and was the sixth of eight children. Throughout her childhood, she assisted her parents with small-scale farming. Unfortunately, she lost all of her parents at an early age and consequently grew up in poverty with little care from relatives.

When she was 15 years old, she decided to marry in order to improve her life, but she had no idea that the man she had married was likewise impoverished. She was blessed with three children—two girls and one boy—after choosing to remain in the marriage. Her husband passed away after a brief illness.

Bringing up 3 children alone made life difficult for her. In order to support the family, she made the decision to relocate to Isiolo in search of employment. When she arrived in Isiolo, she rented a one-room home and made herself at home. Julia eventually meets another man who moves in with her to help support her, but he also turns out to be addicted to alcohol and he disappears after a few months.

She began looking for a job. Fortunately, she was employed as a housemaid in a wealthy household. Her life began to improve for the better. A few months later, her health began to deteriorate, and she was brought to the hospital. It turns out that she has a terminal illness. She was stunned because she had not expected that. The doctors advised her to never give up and to take her medications on time so that she may live a long life. After being discharged from the hospital, she goes back to where she used to work, but unfortunately, the boss rejected her because of her illness. She goes back to her house and starts begging around the village to survive.

Julia's children, now adults, have not completed the educational system due to poverty, and they have their own lives, but they are not doing well and have little to share with her. She has been in the MIC program for two years after our local cluster head told us about her case. Currently, she stays at home and does not beg in town.



At 79 years, Sylvester has a near perfect memory of his life, the major milestones and the most importantly how his old age has been dignified. Born in Kikwechi village, Malakisi in Bungoma County, As was the norm He was born in a large family, in which he was the third of 9 siblings. His parents taught him on how to execute domestic, farming and other social tasks as well as enabling him to attend primary school. Upon completing primary education, he quickly learnt basic culinary skills which open a path for him to move to Cherangani where he worked in settler home as a gardener and later as a cook.

After 8 years as a domestic help, he improved and begun working in hotels as a cook / chef which saw him work in different hotels in Kitale and later on in Kakamega where his retired due to health and age considerations

Sylvester married his first wife in 1968 and they were blessed with 7 children and they jointly cared for them until her untimely demise in August 1982, given his family size and the number of young children, he married his second wife with whom they raised all their children together. After 20 years together his second wife succumbed to health complications and he continued his life widowed.

Due to numerous social challenges and family dynamic, Sylvester migrated to Kakamega and settled in his current home, this meant that all his lifesavings were utilized in securing a parcel of land and building a house where he lives with his grandchildren. With all his finances depleted, debt began to pile, disruption of his feeding pattern as well a depreciation in hi his general hygiene, as a result his health deteriorated and was prone to common infections of the chest and skin.

Due to the devastating effect tuberculosis had on his life, he was referred to Mama Ibado charity for nutritional support to boost his physical health as well as improve on his adherence to the TB medication. "Without the monthly food rations that I receive from Mama Ibado Charity, I would have endured the entire treatment and survived until now" he explained for the 4 years he has been on the program; his health has significantly improved and the frequency of attacks has reduced giving him a better and more fulfilling old age.



For October, we are saddened to announce, the program lost 4 beneficiaries, all from Kakamega



Reg Halima Sharif

93 years old died due to old age complications



71-year-old **Amina Nyuyo**

passed away on 9 Nov 2024.



62-year-old **Hatara Hajj**

Passed away on the 18th of Nov.



Ahmed Nzau Mungoli

Reg No: CK – 061
PoR: Mukango
Age: 74 years



Reg Harsama Irecho

87 passed away on the 3rd of Nov 2024 while at his home.



Fatuma Guled 78

years old died on the 10th of Nov 2024.



Adan Hussein

Ganyure passed away on the 19th of Nov 2024

A life lived with dignity



This month the number of beneficiaries impacted were:

296

Seniors from Kakamega county

688

Seniors from Isiolo county

Total Impacted Seniors

984

Mama Ibado Charity distributed

5,559.20^{Kgs} 11,724.00^{Kgs}

food items in Kakamega county

food items in Isiolo county

Total food distribution was at

17,283.20^{Kgs}



02

Seniors Healthcare Program



Health Care Program

This month the number of beneficiaries impacted was:

- In Nov, 74 beneficiaries visited the office clinic, where the clinical officer assessed, checked, and treated them based on their illnesses and prescribed drugs. The most prevalent diagnoses were hypertension and gastritis.
- 35 SHIF beneficiaries visited AL-Falah Medical Center for medical check-ups. The most frequent disorders recorded were Hypertension, Diabetes, Arthritis, and Gastritis. All were treated appropriately and given drugs.
- One SHIF beneficiary, Amina Ndiva, beneficiary number C/069 died from stomach cancer.
- 4 Seniors from Kakamega were referred for specialized diagnostics and imaging at the county referral facility

Category	No.	Remarks
Number of beneficiaries who utilized NHIF cover.	35	<ul style="list-style-type: none"> • Average
Number of clinics conducted	8	Both branches had 4 clinics
Number of beneficiaries who received treatment during weekly clinic	74	<ul style="list-style-type: none"> • All 74 beneficiaries received their treatment at MIC offices in Isiolo and Kakamega • who showed up for the clinic were treated according to their conditions. • The major diseases found for the month were Hypertension, Diabetes, Arthritis, Gastritis, peptic ulcers and Arthritis and Pneumonia
Number of bedridden beneficiaries visited for medical checkups	0	we were working on videos and photos for the website.
The number of SHA beneficiaries who lost their lives	1	One beneficiary died while receiving treatment due to stomach cancer.
Number of bedridden Beneficiaries	30	Old age & degenerative complications and injuries caused from accidents in the home; 18 are in Isiolo and 12 in Kakamega branch



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03

School
Education
Program



Kakamega Township Primary School

Schools were closed for the November – December
Holiday break

SCHOOL FEEDING PROGRAM





Madrasa Feeding Program

- Madrasa was open for 9 days with Lunch being provided on all the days
- Daily Student enrollment stood at 150 students and the daily attendance averaged at 145 students
- A total of 1305 meals were served, equivalent to 229.5 Kilograms of food





**School and Madrassa
Food Distribution Statistics**

This month the number of beneficiaries impacted were:

0

Students from Kakamega
Township Primary school

145

Students from Madrassa

Collectively the students impacted were

145

Mama Ibado Charity distributed approximately

0

Meals to students in Kakamega
Township Primary School

1,305

Meals to the students in the Madrassa
Program.

**The two programs collectively accounted the below
number of meals to beneficiaries in Kakamega county**

1,305



04

Sustainability
Program



Sustainability Program

Crop Production

In November, the sustainability project generated Ksh.14,300 in sales revenue from both farms selling crops such as Kale, Spinach, and Hoho.





Sustainability Program

Bee Keeping

We harvested another batch of honey from the farms, 17kgs in total that generated Ksh. 17,000 in revenue and 5 new hives have been colonized by bees since the new swarming period began.





Sustainability Program

Sustainability data

Category	No.	Remarks
Total number of Acreage under production	10	<u>Matabithi</u> – 5 acres, <u>Esimit</u> 5 acres
Total number of harvests in kgs		
The total value of sales in Ksh.	31,300	
The total no. of Kgs donated	0	
Total number of beehives occupancy	68%	More bees have colonized the hives during the rainy season; 38 in <u>Matabithi</u> and 30 in <u>Esimit</u>



05

Highlights



Partnerships & Stakeholders' engagement

- Beneficiaries received 1 Kg of vegetables in addition to their routine food items
- MIC Isiolo branch participated in showcasing our work at the Civil Organizations annual general conference, which was organized by the Isiolo Community Development Trust and supported by USAID
- 7 Benevolence visits were conducted to the families of bereaved families



#WazeeWaKenya

Thank you for your support!

Feel free to approach us on our various platforms

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