



Monthly Activity Report

DECEMBER | 2024



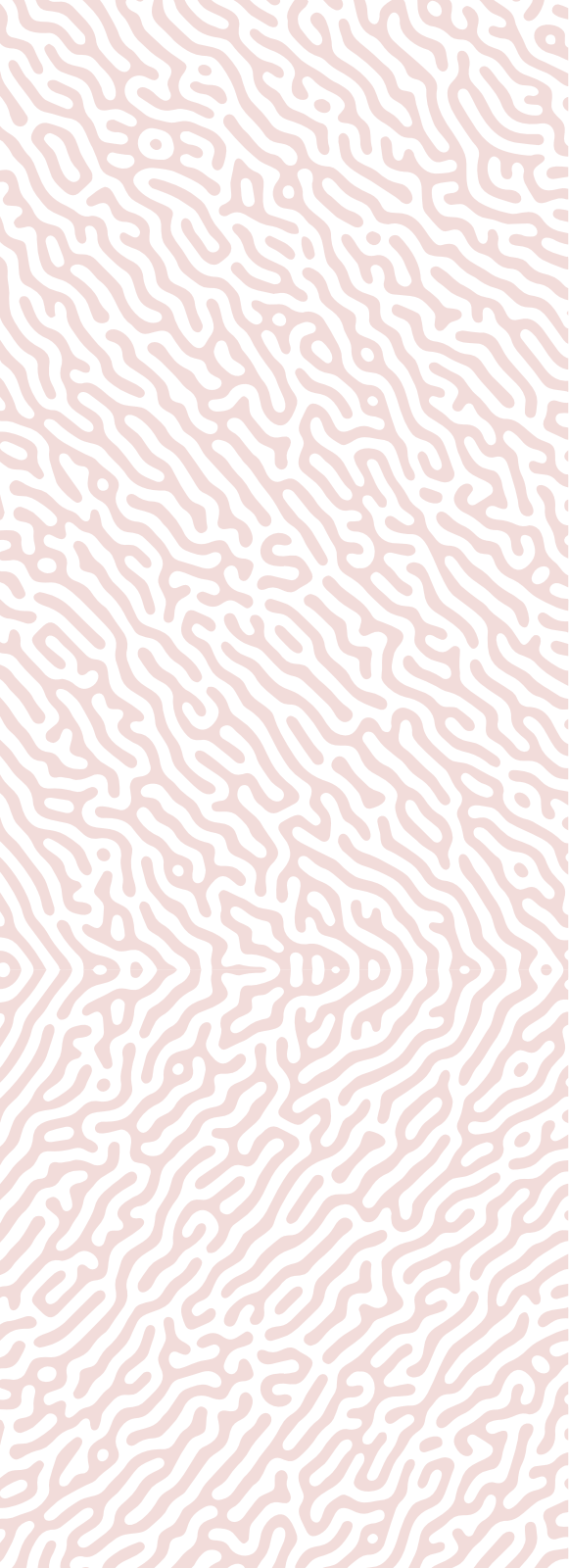


Table of Content

01
Seniors
Feeding Program
Beneficiary Profile
Beneficiary Mortality
Food distribution

02
Seniors
Healthcare Program

03
Education
Initiative
Madrassa Feeding Program
Food distribution

04
Sustainability
Program

05
Highlights

01

Seniors Feeding Program





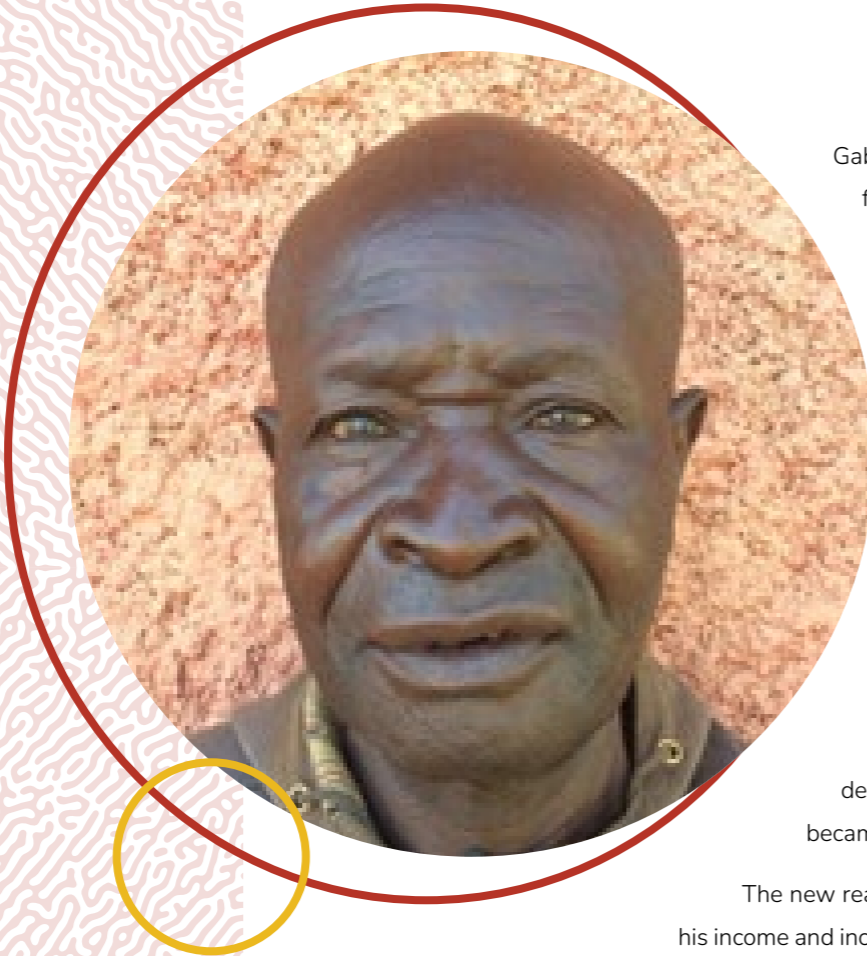
Abdi was born in Isiolo in 1958. He never attended school. During his childhood, he used to herd cattle in one of the companies located in Manyangalo. He worked for the company for 28 years and left with no benefits.

He married his first wife when he was 35 years old, but unfortunately, the couple was never blessed with children, which later led to their divorce.

In 1997, he came to Isiolo where he married his second wife and was blessed with seven children: two girls and five boys. Abdi also used to work as a social laborer in Isiolo. As time went by, unfortunately, Mzee started suffering from diabetes and was admitted to the hospital for one year and a half. His wife also becomes mentally ill.

Due to stress and poverty, Abdi's wife's illness became worse which led her to run away from home and never return. Abdi struggled to raise his children alone without any support. He gets food from well-wishers and neighbors and sometimes they stay without food.

Currently, he is living with his children in a one-room structured house given by a well-wisher. He has been in the MIC senior's feeding program for 1 and a half years. He narrates how he stopped begging in town when he joined the feeding program and the ration helps his household for the month.



Gabriel Matete remembers his childhood as one that taught him the virtues of hard work and commitment to family, Born in 1948 in Mwitoti Village in Matungu in Mumias. Apart from supporting his parents and siblings to perform domestic chores, He was enrolled at Mwitoti primary school where he studied until class three, before joining class four his education unexpectedly stopped, thereafter he began providing child labor as a herder for hire in the village.

As he grew older, family disputes intensified in their ancestral home, which led to their family being expelled from their home and they relocated to Kakamega, where they were accommodated by their uncles as they tried to reorganize their lives. In order to support their family, he continued to work as a herder in the village and later on began to offer casual labor in farms; digging, weeding and harvesting and later in his adolescence into adulthood, learnt how to make bricks and sell as a way of life.

In 1994, he got married and was blessed with 3 children, 2 sons and a daughter. After an increase in his family size, the daily demands increased significantly, from basic needs food and nutrition and access to education for his children among other things. Despite his best efforts he could not sufficiently meet the demands of his family and thus had to juggle between food, education, clothing and health care, this situation denied him the opportunity to invest or purchase any assets, thus confining him in abject poverty. This condition became unbearable for his wife who left and never returned.

The new reality of being a single parent, plunged Gabriel in severe distress, reducing his time as a laborer thus reducing his income and increasing the plight of his family. All these challenges meant that his family's progress stalled, Children dropped out of school and poverty increased which directly led to his health faltering. And suffering increased as he approached old age.

With all odds against He resolved to begging in the street of Kakamega, and through the local village elder was referred to Mama Ibado for consideration into the Seniors feeding program, after his case being evaluated, he was enrolled September 2023 and has received monthly food items since then. MIC has transformed his life and now he is healthier as a due to food security and the opportunity to access quality health care during the scheduled weekly clinics, as he continues to walk the journey of his old age, He is happy that through the feeding program he has reasons to smile



We are saddened to announce, the program lost 5 beneficiaries, 3 from Isiolo and 2 from Kakamega



Adan Ali

Age: 76 years

Date of death: 16th 12/24



Iloka Mwajuma Shatuma

Age: 81 years

Date of death: 16/12/2024



Dominic Kaibi

Age: 77 years

Date of death: 19th Dec 2024



Selemani Rashidi Kweyu

Age 71 years

Date of Date; 28/12/2024

A life lived with dignity



This month the number of beneficiaries impacted were:

296

Seniors from Kakamega county

688

Seniors from Isiolo county

Total Impacted Seniors

984

Mama Ibado Charity distributed

5,559.20^{Kgs} 12,212.00^{Kgs}

food items in Kakamega county

food items in Isiolo county

Total food distribution was at

17,771.20^{Kgs}



02

Seniors
Healthcare
Program



Health Care Program

This month the number of beneficiaries impacted was:

- In December, 25 beneficiaries visited the office clinic, where the clinical officer assessed, checked, and treated them based on their illnesses and prescribed drugs. The most prevalent diagnoses were hypertension and gastritis.
- 34 SHIF beneficiaries visited AL-Falah Medical Center for medical check-ups. The most frequent disorders recorded were Hypertension, Diabetes, Arthritis, and Gastritis. All were treated appropriately and given drugs.
- 3 weekly clinics were done during the month and 1 home visit organized to provide personalized care for critical beneficiaries. 20 beneficiaries were treated and provided with the required medicines, 16 seen during the weekly clinics, 4 under home care, of whom 2 were referred for specialized care due to the gravity of their conditions

Category	No.	Remarks
Number of beneficiaries who utilized NHIF cover.	38	<ul style="list-style-type: none">• 34 were in <u>Isiolo</u> and 4 in Kakamega
Number of clinics conducted	6	Each Branch conducted 3 Weekly Clinics
Number of beneficiaries who received treatment during weekly clinic	45	<ul style="list-style-type: none">• 25 in <u>Isiolo</u> and 20 in Kakamega
Number of bedridden beneficiaries visited for medical checkups	4	The 4 beneficiaries were suffering from a stroke, severe arthritis and the 2 had septic wounds
The number of SHA beneficiaries who lost their lives		
Number of bedridden Beneficiaries	27	19 in <u>Isiolo</u> and 8 in Kakamega



IMAN
IBAN
C.A.A.M.

03

School
Education
Program



Kakamega Township Primary School

Schools were closed for the November – December
Holiday break

SCHOOL FEEDING PROGRAM





Madrasa Feeding Program

- Lunch was provided for 7 days to an average attendance of 150 Learners per day
- A total consumption for the month was 321.5 Kilograms of food





School and Madrassa
Food Distribution Statistics

This month the number of beneficiaries impacted were:

0

Students from Kakamega
Township Primary school

150

Students from Madrassa

Collectively the students impacted were

150

Mama Ibado Charity distributed approximately

0

Meals to students in Kakamega
Township Primary School

1,050

Meals to the students in the Madrassa
Program.

The two programs collectively accounted the below
number of meals to beneficiaries in Kakamega county

1,050



04

Sustainability
Program



Sustainability Program

Crop Production

In December, the sustainability project generated Ksh.33,800 in sales revenue from both farms by selling crops such as Kale, Spinach, peas, chili, and capsicum





Sustainability Program

Bee Keeping

We harvested another batch of honey from the farms, 17kgs in total that generated Ksh. 17,000 in revenue and 5 new hives have been colonized by bees since the new swarming period began.





Sustainability Program

Sustainability data

Category	No.	Remarks
Total number of Acreage under production	10	<u>Matabithi</u> – 5 acres, <u>Esimit</u> 5 acres
Total number of harvests in kgs		
The total value of sales in Ksh.	33,800	
The total no. of Kgs donated	0	
Total number of beehives occupancy	68%	More bees have colonized the hives during the rainy season; 38 in <u>Matabithi</u> and 30 in <u>Esimit</u>



05

Highlights



Partnerships & Stakeholders' engagement

- MIC Isiolo Branch hosted Judges from the supreme Court of Kenya and
- 5 Benevolence visits were conducted to the families of bereaved families
- Launch of the ERP, that will see MIC Adopt a new electronic, management and productivity platform for all organization operations



#WazeeWaKenya

Thank you for your support!

Feel free to approach us on our various platforms

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